

Lambda

Laurentian University's Student Newspaper
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"My only wish was to get a Red
Ryder bee-bee gun with a compass
on the stock and this thing which
tells time."

-Ralphie
"A Christmas Story"

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MAKING A LIST AND CHECKING IT TWICE SINCE 1961

Here Comes Santa Claus, Here Comes Santa Claus, Right Down Durham St.

by Dylan Callens
News Editor

Every year I encounter this parade in one form or another. The first year, Santa and all his glory, cost me over fifteen dollars in cab fares. Who knew the parade would cause such a traffic plug-up from the Greyhound Bus Terminal and onward.

Last year, I enjoyed the show. Everything went smoothly, I was there to have fun and despite cold feet, the

parade was great. Being there to have fun is quite different than when one goes to report.

This parade had many good elements and many bad elements mixed together to make something that is simply... okay. Let's get over the nastiness and talk about the bad side first.

Advertising. Nothing is sacred anymore, let's face it. Regardless of what anyone says, schools bow down to the power of big business. Perhaps in our time of crisis, this is necessary and something that will hopefully be dealt with in time.

Though somewhat understandable in the realm of higher education, is it necessary to bow down to big business at Christmas? While some local businesses supplied coffee and hot chocolate, the main booth providing warm drinks was provided by our good friends at Toronto Dominion.

Of course, the Royal Bank had a nice float while Santa, this year was brought to us by Scotiabank. I suppose they had to fly our jolly hero in from the North Pole; something that Scotiabank can undoubtedly afford.

Let's not forget a couple of the reindeer: On, Future Shop and Wall-Mart and Falconbridge Ltd! Names all easy to see with banners that stretched across the entire float.

The only reputable big business

that entered was Greyhound, who had a bus destined for the North Pole. They covered up all of their logos, replacing them with Christmas themes. At least someone is in the spirit and not out for advertising.

The other bad thing was an odd half hour wait in the middle of the parade. If all goes well, the parade is an hour long. Perhaps the break in the middle was a blessing in disguise, giving us a chance to grab some hot chocolate. The kids, however, didn't sound too impressed either. Some no longer cared about Santa and wanted to go home. Some did go home.

Okay, enough of the bad. There were many good things too.

The report was that no candy would be handed out. They lied. A couple of the groovier paraders walked around the sidewalks and handed out chocolate and suckers. Kids of all ages (present writer included) were very happy about this. A little chunk of chocolate always makes parades worth-while.

Secondly, the floats were well done this year. No doubt about it, many were done far better this year than last. Most of these weren't even the big-business ones. And although I hate to admit it, Scotiabank made the Santa float look pretty gnarly (I miss that word)! Santa had all of his reindeer, tons of snow and the sleigh was beautifully done.

Now here's the kicker. Sunday wasn't too cold but downtown, being the wind-trap that it is, became pretty chilly after a while. If you were lucky enough to find a place that you could kind of hide and protect yourself, you were laughing. The magic of the day, oddly enough, came when Klutzy and his brigade of clowns marched (while Klutzy drove, of course) down Durham St. The snow began to fall at that moment. Who could have asked for more?

Well, after getting over Christmas commercialization, the parade was pretty good. Too bad that religious holidays are now bowing down to big business as well. It is easy to understand local business advertising for these events, but why Wall-Mart?

The scary thing is that Christmas is only around six weeks away. The parade makes it official: Christmas time! Break out the egg-nog, sing a few songs and if you're that type of person, go to church. Most of all, get into the spirit — but don't sell it.



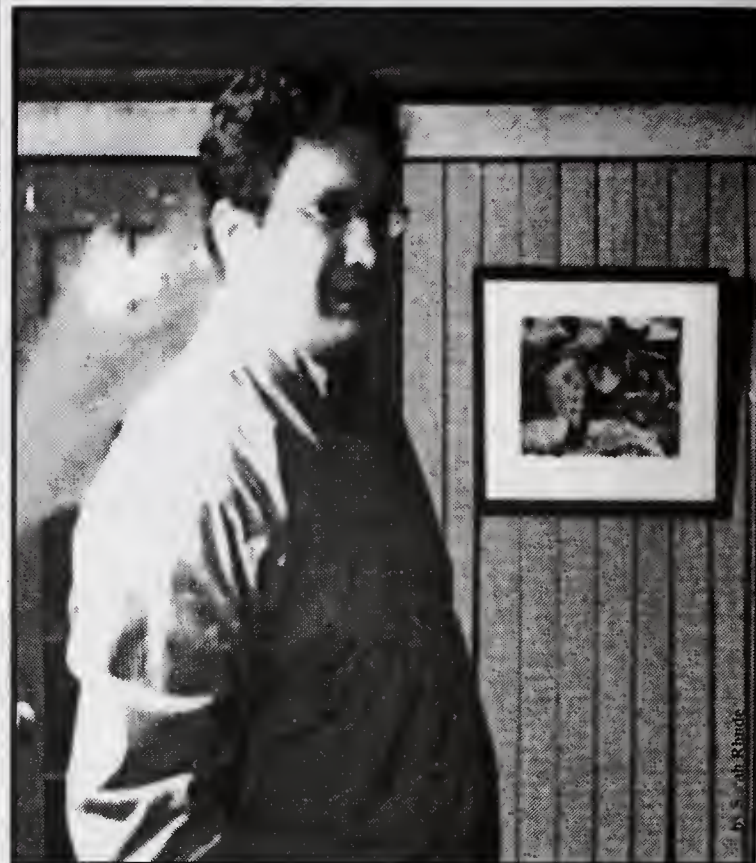
Angels flew in for this event.

Picture Placed Perfect

by Dylan Callens
News Editor

There is little doubt as to Chris Elliot's natural and learned ability for photography. He knows when a good picture opportunity arises and how to manipulate the shot in ways that most people do not.

way really stirred emotions while viewing. In two separate photos, a woman was sleeping, then she was awake. The lazing lines while sleeping looked almost like single-brain waves, making the viewer tired as they stared on. Incredibly soothing. The second was almost schizophrenic in nature. The woman was awake and you know it right away. Well



Chris Elliot struts his stuff.

The main exhibit consisted of several nature shots, all black and white. Elliot often uses a single object as the centre of attention on plain backgrounds to create tension and wonder around specific things. For example, in one shot, a snow-covered scene with a ringed rock creates bewilderment as to where the rock came from. The rock certainly has a history that we can imagine; such as this rock being on a beach somewhere, wearing part of it down. These centre-of-attention objects always work in Elliot's favour.

Another group of pictures seem to focus around trees: sometimes cluttered, sometimes not. These photos look surreal. I didn't even believe that they were pictures at first because Elliot managed to find cleared areas of forest where twisted and disfigured trees outline these areas, giving the pictures an unimaginable personality to nature.

Other prints were on display as a "side exhibition". These were not part of the main exhibit, presumably because they did not really fit the theme. To slide these into the exhibit would most likely have been a mistake, and Elliot must have been aware of this.

Included in the side exhibit were some interesting experiments with photography and painting. Elliot commented that he worked with a painter in Toronto, who painted over top of his pictures.

The paint was simply black or white lines used to create energy, something that Elliot has mastered in black and white photography alone. However, the addition of white lines in an energetic

rested and ready to take on the world with the energy that emanated from the painting.

Several other works contained the same elements of energy. In nature scenes, fast ripples in the water or a lonely stone created an appropriate amount of energy in each picture, but it was a always a unique amount. Not one photo created the same thing.

The one (and perhaps only) criticism of Elliot's work comes from his colour pictures. Thankfully, there weren't many of those. Often, Elliot's work in colour lacks the same energy that his black and white contains. At times it almost seems like too much effort was made to give the items energy, when there was none. Where Elliot succeeds in making simplicity a delight with black and white, he falters with colour. His colour work is simply uncreative: there is no tension between the bright colours and drab background the bright colours win the attention with little concern for what else may be on the sheet.

However, this is not the focus of Elliot's exhibit. The black and white prints were the show. His evident mastery and skill for photography come through, but not in flying colours, rather through his use of fine black and white photos.



Some excited observers.



Falconbridge also came out to show their Christmas spirit.



Awww, so adorable!

Student Journalists Under the Gun

University and College Student Councils Suppress Critical Student Press

TORONTO (CUP) — It's only November, but already the 1998-1999 school year has seen several infringements on the student press in Canada.

Campus newspapers at universities and colleges are facing student politicians who are hostile to the content, direction or management of the publications.

Student newspapers have been targeted with staff firings, censorship, suspended publication and funding cuts because student politicians disapprove of their paper — often after critical articles have been written about them.

"Student councils across the country are abusing their power by silencing critical news coverage in the campus press," said Tariq Hassan-Gordon, president of the Canadian University Press.

The student council at the University of Prince Edward Island refused to ratify the recommendations of the student newspaper's hiring committee. According to the staff at *The Cadre*, the candidate in question had written an article exposing the council's violation of its own constitution.

At Athabasca University in Edmonton, the editor of the campus paper *The Voice* was fired at the end of October. The student council made the move after they caught wind of a front page story about how council members' honoraria were being doubled.

And *The Manitoban*, the student newspaper at the University of Manitoba, is being threatened with a decrease in student funding because some students expressed concern

over the quality of the paper.

"The basic principle of a free and democratic press is being violated at will, without any considerations of the rights of free speech and editorial autonomy," said Hassan-Gordon.

"Canadian University Press condemns any efforts by student councils to shut down or control student newspapers. Even when councils fund or publish the campus paper, the right to editorial autonomy must be vigorously upheld and guarded," he added.

Canadian University Press believes a free press is essential to informed civic debate and of critical ideas and debate should be encouraged, not stifled.

SGA: Strike Vote for January

Gerald D. Woodard
Francophone Editor

In its bi-weekly board meeting on Wednesday November 11, the SGA adopted, by near unanimity, a motion that would see SGA member voting on a possible one day strike in February. This follows the week of action sponsored by the Canadian Federation of Students and the protests that were held across the country during the month of October. During that week of action, the CFS submitted a list of demands to the government which included such things as an immediate tuition fee freeze, the modification of the Millennium scholarship fund to create a system of national grants, and reinvestment in the country's social programs. When these demands were

presented, the CFS warned the government that if they did not act on them student across the country would strike in February.

As a member of the CFS, the SGA has taken the decision to consult its members in order to know their will on the matter. According to Todd Bosak, SGA vice-president of student affairs, this represents a "great positive step." "The best way to decide," he said, "is to ask the students. This is a very important matter." Jamie Wylie, SGA president, said that if students decide to go on strike then the SGA will lend its full support. But "if students choose not to have a strike," he said, "then we're not going to support a strike in any way."

In accordance with the resolution adopted by the SGA board, the "strike vote" will be held sometime

in January. The CFS national general meeting will be held in two weeks and will clarify the Federation's position on the matter of a national student strike and will adopt a plan of action. Once the decision of the CFS is clear, the SGA will then be in a position to go to their members with more precise information in a vote on the question.

In a short interview concerning this matter, LUFA president Dr. Wendy Jerome said that LUFA has always supported students in their struggles and would continue to do so. However, Dr. Jerome made it clear that the association could not ask its members to not teach during an eventual strike but that they could request that professors not penalize students who are absent in order to participate.

PQ Victory Equals Another Referendum

by John Wozniak
Staff Writer

The provincial election in Quebec is a very important indicator of when we, as Canadians, can expect to have to head to the polls in yet another referendum. As the election war of words between Lucien Bouchard and Jean Charest rages on, the rest of Canada awaits the result in order to gain a better idea of whether or not we need to prepare for the almost inevitable waste of time and money that may result in the form of a national referendum.

The election is to take place on Nov. 30 and by the following morning the rest of Canada will have a better idea of whether or not they will have to go to the polls to decide whether or not to allow Quebec to separate and have their "freedom".

The main issue that is dominating the headlines in Quebec is health care. Both the Parti Quebecois and the Liberals are exchanging blows in the battle over this sensitive issue.

Quebec Liberal leader Jean Charest has been trying to focus on PQ leader Lucien Bouchard's shortcomings in health care over his last term while Mr. Bouchard has been trying to ward off the criticism at the same time as attacking Mr. Charest's proposed policies.

Mr. Charest claims that he will boost spending to health care. He will be able to do this, he claims, because without dangling the issue of separation over the head of the nation, not to mention foreign investors, he will encourage foreign investment and maybe even increased transfer payments from Ottawa. This will provide the needed extra funds to increase spending on health care according to the Liberals.

Of course, Mr. Bouchard tends to dodge these issues and, instead, focuses his attention on personal attacks against Mr. Charest. These have become increasingly frequent as the election has progressed. Mr. Bouchard has continually attacked

Mr. Charest based on ambiguities that he perceives in the rhetoric that Mr. Charest is presenting.

Thus far the tactics of the PQ appear to be working as their success in the polls suggest. But keep in mind that Mr. Charest has had to fight an uphill battle since Prime Minister Jean Chretien undermined the Liberal campaign in Quebec with his interview in a French newspaper, *La Presse*.

In this limited space it is impossible to cover all the aspects of this important election. But as a final note it is necessary to point out that the odds are in favour of the calling of a referendum should the PQ win the election with a resounding majority. So it is imperative that you, as Canadians, start to wake up to the seriousness of this election because once again you will probably be called upon to defend your country at the polls in the face of those that would destroy this great nation.

News Briefs

Bed Down at U of S

There are still beds available for male and female students at the Lucien-Matte Residence at the University of Sudbury. For more information, please contact the receptionist at the U of S, at 673-5661.

Come Share Food

Bring what food you can to Canisius Hall at the University of Sudbury, Sunday Dec. 6th. There will be a potluck held from 11:30 am to 12:00 noon, and it's a good chance to enjoy free food and meet some people. For more info, call the University Parish at U of S.

Mature Student's Support Group

Every Thursday from 1:15 to 2:15 pm, there is a Mature Student's Support Group for Women on campus. Drop by the L. U. Women's Centre for more information or call 673 1151 ext. 1089.

Still More Free Food

Donations are currently being accepted for the Psychology Club Christmas Food Drive. Items of food may be placed in the box at the Psychology Dept. or monetary donations may be placed in the canister in the Psychology Office. All proceeds go to the Salvation Army.

Arts Briefs

Jump Off the Cliff

For poetry over the edge, look into Like Lemmings, an art event taking place at the Art Gallery of Sudbury 7:30 pm on November 27. Roger Nash, Rob O'Flanagan, Art Quesnel, Kate Tilleczek and Kim Fahner will be performing. The cost is \$3; call 560-9574 for more information or for tickets.

Fall Art Show

The Sudbury Art Club, in collaboration with Black Cat Too, is putting on a Fall Art Show featuring local artists from Nov. 23, 1998, until Jan. 6, 1999. For more info, contact Vic Theriault at 673-6718 or at vtheriault@inco.com.

Author of *Wired For Sound* Comes To Sudbury

Beverly Biderman, author of *Wired For Sound: A Journey Into Hearing*, will be coming to the Canadian Hard of Hearing Association at 1233 Paris Street on November 19, at 2 pm and 7 pm. For more information, call Kim Scott, President of the Sudbury branch of the CHHA, at 522-1020 ext. 239.

Swing at the Big Thunder

Colin James and his Little Big Band are coming to Sudbury November 26 at the Big Thunder. Doors open at 8:00 pm. Tickets are \$17.50 in advance, and can be purchased now at Records on Wheels and AV Entertainment in the New Sudbury Centre.



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The Press Under Fire (Again)

A couple of months ago, *Lambda* readers had their attention drawn to the activities of one David Black from British Columbia. David had recently instructed the Editors of his sixty community newspapers to repress any positive opinions regarding the Nisga'a Treaty that had just been negotiated. More recently, Dylan Callens, on the occasion of the *National Post's* big day, exposed the drivel served up by Conrad Black's newspapers. Now the last bastion of independent journalism, (that is, the university press), is also under attack from several quarters. LU is very fortunate to be the home of a student association (SGA/AGE) that believes, however reluctantly, in the sanctity of autonomy in journalism.

For most people, autonomy in the press is probably a non-issue. For people in the press, it is the difference between a meaningful career and being a puppet for the "discourse power-brokers" - those who dictate what is an "issue" and the parameters of its debate (i.e. people like David Black). The *Manitoban*, the student newspaper of the University of Manitoba, has recently come under fire from its student union. A motion is currently before the student union (UMSU) calling for the newspaper's levy to be cut by \$2 a head next year, and an additional \$2 the year after. The rationale for the motion is the paper "sucks", which demonstrates the scope of animosity between the union and the newspaper. The *Manitoban* isn't even the worse case scenario - check out the CUP wire story on page 3 for more chilling revelations.

Don't let me be misunderstood. I have no utopian delusions about a truly independent press - there has never been any such beast in Canada. Independence, like objectivity, are relative terms in journalism. The best we can really hope for is balance; but balance cannot be obtained when the threat of reprisal, economic or otherwise, looms over every important story that needs to be told.

Support journalists who struggle to uphold the "sacred trust."

Dear Lambda:

I write in response to your article in the 05 November 1998 issue titled *Laurentian: Coming of Age?* Although quite excited about the coverage, I must correct part of your statement and set the record straight.

Since May 1996, Laurentian has been actively raising money through the Coming of Age: Building Laurentian's Future capital campaign. The original goal was set at \$10.0 million. The introduction of the Government's OSOTF program gave the campaign volunteers (as opposed to our "Mascots") a strong message. To their credit, \$5.5 million in pledges were secured, which when matched 1:1, resulted in early campaign success.

Since projects under Phase II had not been focussed upon and the goal was already surpassed, the overall goal was stretched to \$15.0 million. An additional \$1.5 million has been secured for Phase II priorities.

In response to three particular points in your article, I offer the

following:

- 1) ab Accessibility - since you quoted directly from the campaign brochure, clarification is required. The term accessibility is not intended to refer to tuition fees, but to the accessibility of student financial assistance. Laurentian can, with great pride, boast having the most generous guaranteed money to students with OAC averages of 80% and above. As well, every Ontario resident that can demonstrate financial need is guaranteed bursary monies.
- 2) ab I am the "Mark" that Joyce Garnett referred to, not Mark Pesz. Never will business or individual donors dictate academic programs or initiatives or get the name attached to a course. The key word in Joyce's quote is RECOGNITION - a term used in fund-raising for thanking donors. Examples include named bursaries, named laboratories, on-campus recognition (like that outside the library) and community profile.
- 3) ab The Boards of SGA, AEF and ALPS approved a \$35 stu-

dent fee in 1996. A total of \$525,200 was pledged -- \$474,900 to student awards (42 bursaries created), and \$50,300 to other priorities (library & special needs).

The Coming of Age: Building Laurentian's Future capital campaign will result in plenty of good across this campus. In addition to the increased financial aid endowments, monetary and volunteer investments have been received for mining innovation (private sector - \$150,000), health sciences (Cancer Chair - \$130,000), environmental rehabilitation (\$322,000), ethics (\$3,500) and Franco-Ontarian studies (\$7,400). The newest government matching program - Access to Opportunities (ATOP) - will help Laurentian build its computer science program.

Once again, I thank you for the campaign coverage. I only hope that next time you will contact my office for the facts.

Yours sincerely,
Mark A. Hazlett
Director of Development

Dear Lambda,

"Your silence will not protect you," are the prolific words of Audre Lourde, a Black poet and lesbian. These words inform us as gays and lesbians that hiding or closeting ourselves will only mitigate continued hatred upon us. What Peter G?'s letter provides us with is a picture of the hatred for gays and lesbians, so prevalent on this cam-

pus, but also the larger society. Adding to Peter G?'s hatred is the violent and inhumane ways in which our posters have been defaced, removed or trashed around this whole campus indicating that this campus is far from being safe.

We are here, We are queer, We teach you, We grade you, We live in the same residence as you, We cook your meals, We are in your

classes, We work out with you, and We go to the pub with you. We are a part of your everyday life.

We will not be silenced by Peter G?, nor anyone else. What this whole event has done is made us stronger and created a space for discussion, awareness, education, and change.

Ligaya Byrch

Dear Lambda,

re: letter from Peter G., November 12, 1998

Vulgar and twisted!? Vulgar and twisted is a society that tells other people how to grieve. Vulgar and twisted is a society which states how much anger is appropriate.

Vulgar and twisted is any behaviour limiting entitlement to these feelings.

Vulgar and twisted is denying the existence of "negativity, suffocating and depressing shit."

So suck it up!

What we "tastefully" left out...

A young man was abducted, beaten and robbed while tied to a deer fence and left for dead. He hung for eighteen hours in freezing weather before being found. He died shortly afterwards. This happened because he was a fag. He was also a supporter of his university's gay and lesbian association.

Pride @ LU

Dear Students,

We, Renée's family, wish to express our most sincere thanks to the many students, faculty, student and faculty organizations at Laurentian University who made contributions to the Renée M. Sweeney Memorial Scholarship fund through the Huntington University Foundation.

We gratefully acknowledge the efforts of Dr. Charlotte Leonard to establish the scholarship in Renée's name.

It is our pleasure to learn that through your generous donations the first award of this scholarship has been made at the Huntington convocation this November. It is indeed a fitting tribute to the memory of Renée for the efforts she put in to her studies and the pride she had in being a student at Laurentian University.

Although Renée has been taken from us, it is of some comfort to us to know that her memory will live

on at Laurentian University in the future.

We recall that life is but a fleeting moment in time but our love for her will live on forever.

Carole and Bill Strachan,
Kim Sweeney

Remembrance Day- Thank you!

The LU ceremony provided an opportunity for a renewed appreciation of freedom protected by the life of soldiers who gave their lives. A few rituals, symbols and some music bring out the emotions of a sense of belonging and pride for our country. Thank you to all those who have contributed to the event.

-U of S

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Circulation

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Vesta Pasta Cafe, Black Cat, The Towne House, East Side Marios, This Ain't The Only Café, Ralph's, Subway (Lasalle), Don Cherry's, Douglas Video & Variety, The Elm Tree & The Cooke House.

Write to us but remember...

All submissions become the property of Lambda Publications and will thus be subject to editing.

Letters submitted must bear the author's full name and telephone number. Names will be withheld upon request. Letters must not be longer than 250 words. Lambda reserves the right to edit for content considered sexist, racist, homophobic, heterosexist or for length.

The Amiable Librarian

This column is based on questions or suggestions received by staff members of the Desmarais Library, either personally or on the "Compliments/Questions/Suggestions" form that may be filled out near the exit of the library.

Question: Students don't seem to know how to use the library, especially those in Commerce, SPAD and Nursing—Anonymous.

Reply: The Amiable is surprised that you perceive most students are having huge difficulties using the library. Reason: this year the library has the best participation ever in its workshop programme, in part because WAC/LIP professors are reminding their students that it is a requirement of a WAC/LIP course, in part because professors in such subjects as Commerce and Nursing are requiring the library workshops as part of their programmes. The total number of participants in these workshops between September and November was 2,160, made up of 1,826 on the English side and 334 on the French side. In the four core workshops (required by WAC/LIP students) attendance averaged about 344 for each set of 20 sessions on the English side and 80 for each set of 9 sessions on the French side. Most students, even those not doing WAC/LIP picked up the library exercise which reinforces learning in the workshops and their success in the exercise cannot but improve ability to think critically when using the library. And by the way, 199 students took the Lexis-Nexis classes and 163 the sessions on the Internet in Academic Research.

Sadly some students have missed the programme and it is possible that their lack of research skills is very evident in comparison to their peers. Fortunately, the workshop programme resumes in January.

Question: Why must we be forced to pay for the garbage printed from a Winspirc search at the Cyberstation? Photocopies are expensive enough.

Reply: You are right. The problem seems to arise with the reprint of your search strategy on Winspirc. Despite all attempts to re-adjust the font, the Amiable must confess that the problem seems to lie with the Network since Winspirc certainly prints out fine from home. As a short term solution, when you click on Print, click on Options and then click off Search History. The rest of your job should be O.K. In the longer run, library staff will contact Computer Services to resolve the network problem.

By the way, if you are planning to print off something, why not get Winspirc to Sort your records before the print job. Click on Records at the top of the pull-down menu and then choose Sort records. Choose Ascending as the method of sorting and then click on a field to sort by—normally source or journal and then click OK.

If your records are sorted before printing, especially by journal, you will probably be able to check what interests you against our holdings a lot easier. If for example, there are three entries from the *Canadian Journal of History of Sport*, you only need look up that title once.

At The Sign Of The Lurching Loon Canadian eh?

by K.T. Canuck
Contributor

Not unlike any other Monday night, I found myself heading to the good old "Lurching Loon", to enjoy a cup of coffee and a leisurely hour or so of reading *Lambda* and other works.

As I was leafing through a previous issue of *Lambda*, that of Thursday October 29, I came across a disturbing article written by Ed MacMatheson.

Personally I think that Mr. Ed indulged himself in a little too much J.D. and should have stuck to his regular diet of unfermented wheat before writing down ludicrous garble about what it is to be a Canadian.

If what it is to be a Canadian "is waking up and finding four feet of snow in your driveway", then why would anyone want to live in Canada? That is, other than the lovers of snow such as skiers, etc.

I don't know what parts of Canada Mr. Ed has been trotting around, but generally Canada is a country with four distinct seasons. Sure we get snow, but is it only the winter season that makes us what we are?

Furthermore, the horse's mouth says that being a Canadian is a company "laying you off, because the company has been bought by an American firm and is corporate down sizing." Sure the economy isn't the greatest right now. But is it being laid off work that makes us what we are?

The horse speaks again saying that receiving "a ton of junk mail" is a representation of a Canadian. Does receiving junk mail make us what we are?

Get this, "giving up, you sur-

render to the inevitable, put on your coat, leave your family, your house, and your car, and disappear from sight, never to be seen again". Slow the pace; see this is where I think that the horse's other end is ridiculously speaking.

Then Mr. Ed goes on to say that "being a Canadian ... really isn't that bad." Well with his perception of being a Canadian, I would think it to be very bad.

From his article I got that being a Canadian is:

- being cold ALL the time
- being unemployed
- being subjected to useless and annoying mail
- being weak and running away from everything

And after regurgitating all of this garbage, he has the nerve to say that being a Canadian is good?

Yes, being a Canadian is good, but not for the reasons that le cheval suggests.

Being a Canadian gives us special privileges. The privilege of freedom of speech, which unfortunately means that when the Mr. Eds venture out of the corral you get absolutely ludicrous opinions expressed in papers, on television etc.

The privilege of opportunity. Canada, being so vast, can offer many career choices and cultural experiences. Plus the opportunity to see the four distinct seasons (not only winter but summer, spring and fall too) and all of the unique land formations throughout the country. How many countries have Niagara Falls, the Rockies, the Great Lakes, and who could forget the Big Nickel?

Symbols also represent Canada. Most of the symbols of

Canada are found on our currency. The maple leaf for one, Canada's national tree. To correspond with that theme, of course, we have maple sugar bushes and maple syrup, the maple leaf on the flag and on pennies. The beaver, which is found on our nickel. The loon which is found on our loonie (which is appropriately named I'd say). The moose on our quarter. A sailboat on our dime. A belted kingfisher on our five dollar bill, and that is where my money runs out.

We can then move onto sports. Lacrosse and hockey are major Canadian sports. I'm not a sports expert but I believe that they originated in Canada. I could be wrong.

Names such as Kokanee and Molson should also ring a bell.

Now I am getting a little sidetracked.

When it comes down to it, Canada is what we want it to be. But we as Canadians shouldn't stoop so low as to degrade the country in which we live. Especially with everything it offers to us.

The people of Canada make it Canada, just as much as its geographical aspects. The lucky thing is that there are many different ethnic cultures to further exemplify Canada's diversity and distinction.

The next time I see four feet of snow in my driveway and put on my "mukluks, the heavy mitts and my multi-layer coat", well, Mr. Ed, I'll be happy. Happy that I am Canadian and have the privilege to see snow. Especially happy that I have a warm jacket and am not a foolish horse parading around in circles within the confinement of fences.

Last but not least, being a Canadian is being proud of who you are.

Lambda will cease publication on December 3 1998 for the exam period and holidays. The next issue will be published January 14 1998. Submission date is January 8.

PLEASE NOTE

CHEQUES for SGA

members who opted out of the Health Plan are still available at the SGA office SCE212
Office open M-F 9am-5pm.
Student Card Required.

Pour les membres de l'AGE qui ont appliqué pour le rabais du régime de santé, les cheques sont encore disponibles au bureau de l'AGE SCE212
Les heures de bureau sont lundi-vendredi de 9h00 à 17h00.
Carte d'étudiant(e) requis.

L.U. STUDENT NIGHT

EVERY
THURSDAY



RALPH'S

\$\$\$ We Have your Budget in Mind !!! \$\$\$

My World

by Bryson McCarthy
Columnist

I have gone Cyber!!! That's right, now if you have something to bitch about, or you want me to complain for you, you can email me! If you do Email me, let me know if I can use your comments in future My World articles. Check out my graphic for the address. Now, on to the show!

Have you ever heard older people say "those kids think that they are invincible"? Well, I heard that all throughout my life right up until now. The funny thing is that no one can actually prove that I am not! I will admit I thought that I was invincible when I was younger, but it wasn't until my best friend and I were in a car accident that I figured it out. I am!

You may be thinking that I have flipped my lid, but hey, prove that I'm not. I am still here and still kicking. I have jumped from rooftops trying to grab trees and missed, jumped suicidal bike ramps, fallen down many flights of stairs, been stabbed by many objects, ingested toxic chemicals (some unintentionally), and even lost more blood than a human should ever lose, and I am still here!

A few years back my friend and I were on a road trip on our way back to Sudbury and we lost control of the car. We were hit dead on by a transport truck, nailed by another and caused a multi car pile-up (3 transports and 11 cars). The car was totaled, we were presumed dead (no seatbelts). So what did we have? My friend had a concussion and I had 15 stitches in my head to close a wound caused by a mirror that hit me at about 120 km/hour. After crawling out of the car and looking at the path of destruction we caused (the roads were complete ice and no one was to blame) we were taken into an ambulance. In the ambulance we heard that great old saying from some old ambulance driver... "You kids think you are invincible". And without thinking my friend spoke up and said, "Well... are we dead? No! We are



invincible!" I think that this probably scared the ambulance attendant as much as it made sense to me. We weren't dead. We were still there and according to both the police and ambulance, we should have been!

So what is the point? Well, when someone says that they thought they were invincible when they were younger tell them they must have been. They are alive to tell you this, so they can't prove that they weren't. If they claim that you think you are, tell them you are and dare them to prove you wrong. No one would actually kill you to prove you wrong, and if they tried and failed, there's another point made! Invincibility is a state of mind. If you don't have it, you are just waiting to die. How much fun is that? We all supposedly know that we are going to die, so why not strive to break the norm? If everyone else jumped off a bridge, would you? No. So if everyone is really just waiting to die... why be like everyone? Be an individual and live how you want.

Many people claim that I live in my own world and they wonder what it would be like. Well, here is just a little glance at what it is like in My World. Sure, it may be screwed up, but I like it! I am the invincible almighty ruler and if you don't like it, it doesn't matter because, as I have stated many times... It's MY WORLD, you are just visiting!

Tonto Kicks the Shit out of the Lone Ranger

by Tonto
Columnist

I have often wondered...

1. Why is it that most people I've talked with over the years were outraged by the system of apartheid in South Africa but were (and still are) indifferent to the system of apartheid in Canada?

2. Why is it that aboriginal people are expected to be "good Canadians" when they weren't allowed to vote in this country until 1960, weren't allowed to gather in groups off their reserves, couldn't leave their reserves without a pass, couldn't openly observe their own ways of praying and worshipping, and couldn't attend university or enter professional careers without losing their status as aboriginal people until after 1951?

3. Why is it that two immigrant languages, English and French, are considered to be "official" language in this country now known as Canada, while the languages of the original people in Canada remain unrecognized and virtually unsupported?

4. Why is it that most Non-Native people expect aboriginal people to be knowledgeable about their languages, their history, their traditions, their institutions, their justice system and their system of governance while most Non-Native people remain ignorant about aboriginal languages, traditions, histories, institutions, justice systems and systems of governance? Shouldn't it be a two way street?

5. Why is it that Western psychology, sociology, anthropology, medi-

cine and perception of "reality" seem to be somehow superior to aboriginal Western psychology, sociology, anthropology, medicine and perception of "reality"?

6. Why is it that the guests who came to this continent imposed their systems of thinking and governing on their hosts rather than accepting and adapting to existing aboriginal systems of thinking and governing? In other words, why did the treaties between the British, French, and then Canadian Governments not do what they were supposed to do? The Native perspective on treaties is that they were (and are) land-sharing agreements made on a nation-to-nation basis for the purpose of creating a relationship of peaceful co-existence.

Guilty as Sin

by John Wozniak
Columnist

Anger. Rage. These are two very inadequate words I would use to describe the feeling I experience when I pick up the newspaper and read yet another story about a woman who is beaten by her partner. This sort of activity, along with child abuse, seriously makes me wonder why such a high value must be placed on all human life. But, to succumb to the urge to run out and mercilessly torture the people who commit these deplorable acts would be to display the same inability that they have so painfully demonstrated. Namely, the inability to control one's own actions upon becoming angry.

So, instead of ranting and raving about how much I would enjoy making the lives of these people one endless lesson in excruciating pain that would make Clive Barker cringe, I have resigned myself to attempt to help the women out there who are in such relationships.

The first and most important thing that women out there need to

understand and convince themselves of is that they are definitely NOT to blame. Think back. Do you ever recall saying "I need and deserve to be beaten!!!!"? Of course not. Because it is not true. Ever. Period. No one deserves to have to deal with that. Least of all you. You need to overcome that sense of responsibility that often overwhelms victims of abuse. It is not your fault.

The second thing that women need to realize is that it will NOT get better on its own. There is no truth to the statement "It will never happen again. I promise." The reason there is no truth to it is that he is suffering from something that he cannot possibly remedy on his own. It may get better for a while. It may even be a long while. But it will happen again. He may say he loves you and that he does not mean to hurt you and that may be true. But it demonstrates that he has a control problem. One that he needs help to overcome. The bottom line is that this will not go away on its own.

The third thing that victims of this abuse need to understand is that

there IS help out there. Even though you may not have been able to locate a source of assistance to this point, or maybe you have not sought help, you must realize that there is help to be found. It is only a phone call away. The number to the Women's Shelter here in Sudbury is 674-2210. There you will find trained professionals who will help you to deal with your present situation in any way they can. This may include finding a place for you to stay, helping you to recover from your ordeal with counseling and/or helping you to find a way to provide for yourself if need be. The key here is that they are there to help.

As a final note, I would just like to say that if you know someone who is in an abusive relationship DO SOMETHING!!! Find a way to convince this person to seek help in ending this unnecessary activity. For you to stand off to the side and say that it is none of your business makes you almost as guilty as the abuser, in my eyes. I would suggest you sit down and talk to this person. That is an essential first step. Think of the consequences if you don't.

Come and Discover Africa

Guest Speaker: Kelvin Chin

Why: Kelvin Chin, a Laurentian University student has just recently enjoyed a four month stay in Kenya, Africa.

Presentation: You will learn about the people and life in Africa, as Kelvin shows you remarkable images of Kenya, and relates his experiences. This is also a good opportunity to ask questions about Cross-Roads, the organization that made it possible for Kelvin to go overseas.

Place: L-303, in the Parker Building, two floors above the Registrar's office.

Date: Monday, November 23, 1998

Time: 19h00

* This presentation is brought to you by WUSC (World University Service of Canada) and Cross-Roads.

This University Belongs to Students

White Ribbon Week

by Todd Bosak
VP Student Services

This century, many injustices have been committed. On these occasions we see the worst that humankind has to offer. That said, we have often seen humankind at its best as individuals take tragedies and empower themselves towards making society better. A good example of this is the "Stonewall" raids in the sixties. This event occurred as a hangout for gay men was raided in New York. Police were very harsh and brutal as they raided this site for no other reason than the homophobia of the police department. While it was a dark day in many regards for any society purported to be progressive and civil. The anger that sprung out of this event gave birth to the modern movement for equality for gays and lesbians.

A tragedy of a different sort occurred in Montreal on December 6, 1989. Fourteen women were murdered at the University of Montreal's

Ecole Polytechnic. They were murdered for no other reason than the fact that they studied engineering. As the mourning began to turn into anger, many people have vowed to fight to end violence against women. One such effort is known as the White Ribbon Campaign.

The White Ribbon Campaign occurs during the first week of December each year. The event is premised in the logic that men are the ones that must change their behavior if violence against women is to end. Men are asked to wear a white ribbon to show that they are against violence against women. As well, men are asked to sign poster sized petitions to make the same statement.

I know that there are some who believe that the wearing of ribbons is over used and has lost its purpose. I have to say that in this case, I disagree. Often, wearing a ribbon signifies passive support for an issue. During the teacher's strike last year, many here at Laurentian wore the green ribbons that signified

support for the teachers. Real support would have been showed by walking the picket line with the teachers, the wearing of ribbons was passive support. In the case of the white ribbons, not only are men stating their support for a violence free society when they wear the ribbons, they are also stating that they as men will not engage in violent behavior towards women. The passive begins to become the active. With the white ribbon, men can take ownership over their behavior. If enough men take that ownership, it could make a real difference.

White Ribbon Week is November 30 to December 4. The SGA will have booths set up throughout the school all week to make ribbons available. As well, events will be held to raise money for Genevera House. If you are a male ready to commit against violence against women, please wear a ribbon. If you are a male and you cannot make this commitment, please get help, for all of our sakes.



Dear Dharma

by Dharma Brody
Advice Columnist

Dear Dharma: I have a strange habit of talking nonsense during sex. I don't just mean the occasional word blurted out, I mean I will start talking in full sentences that make no sense! My ex-girlfriend used to have to stop having sex sometimes because she was laughing so hard, or she was too confused. I feel it takes away from the romantic mood when I yell out things like "Take the stroller to the mechanics and steal a loaf of milk". I have a new girlfriend now and am afraid I will either embarrass myself or scare her away our first time. What can I do to either stop or muffle my problem?

Blurt

Dear Blurt: My best advice to you would be to tell your girlfriend that you have this strange problem and hope she understands. I don't think she will have a problem if she is truly in love with you. As for stopping it, I don't have the foggiest idea! Maybe you feel that no one pays attention to anything you have to say. Maybe you feel that you need a persons undivided attention when speaking, and during sex you have their attention and in such a heightened state of excitement, you just start rambling. Either that or you just love to hear yourself speak and why not do so during another great pastime? My boyfriend once told me that 'the eggs in the fridge needed polishing' just before he had an orgasm, so you are not alone in your strange plight!

.....

Dear Dharma: I have a problem that is hard to talk to people about. I am a female who only feels comfortable hanging around guys. I am great at making friends with guys, but after a while I always end up sleeping with them. The girls on my floor don't like me to much and I am getting a reputation. I try to talk to my friends about it, but since they are all guys, and I have slept with most of them, they just give me stupid advice. I need to make friends that will not turn into a sexual relationship, but I just can't help myself.

Corn Pop

Dear Corn Pop: You do have a problem. You cannot separate closeness with another person and sex from one another. You feel that to become close you have to become intimate. Of course guys like this because this is all they want anyway. Most guys who can find a friend to sleep with with no real connection are in heaven. You have to find someone that you trust completely and force yourself to just be friends. You have to make sex a special thing between you and a loved one, not just something between friends. Sex as you use it cheapens the situation and of course you will get a reputation if you are open with your activities. Try to keep your private life private. You do know, people only get caught and get reputations when deep down inside they want the attention. Look at yourself from the other girls point of view and maybe you will see the problem.

.....

Dear Dharma: I have a crooked member. Is it possible to straighten it.

Captain Hook

Dear Hook: There was a crooked man, who had a crooked vile, slept with his girlfriend and in the end, she had a crooked smile. Don't worry your bent little boy over this one. No one is truly straight!

THE HIGHLY INTELLIGENT AND EXTREMELY WISE QUOTE OF THE WEEK

"I wish my university paper was as good as the Lambda. The Fulcrum (Ottawa U's student newspaper) doesn't even remotely compare to your excellent paper!"

Serge Duchesneau, Ottawa University student

Seeds of Conspiracy (and How to Dig Them Up and Munch On Them For a Midnight Snack)

by Nick Stewart
Asst. Entertainment Editor

Some of you may have noticed that the gravy served on your food at the Great Hall cafeteria is a little...suspicious. If you thought this, you'd be right. Because suspicious is such a kind, gentle term for such an insidious and twisted conspiracy. Grit your teeth and gird your stomach against the reality of....

The Secret Origins of the Great Hall Gravy

When actors sign up for the National Actor's Guild, have to sign a contract agreeing to a number of acting-related clauses, one of which stipulates that after starring in a sitcom that has ended or been cancelled, they must undergo extensive psychiatric evaluation to determine if they're suicidal or if they're fit to return to society. Needless to say, numerous unemployed actors are found to be suicidal. When this happens, they are kept in the Mental Institute For Unemployed Actors and Postal Workers. This institute is run by an evil, corrupt individual, who is known only to the outside world as Mr. Xyz. This man uses the mental institution as a front for several other lucrative endeavours. First off all, the actors that find themselves in this building are not coaxed toward mental health, but rather are forced to attach little plastic pieces to the end of shoelaces. Eventually certain actors get sick of the sweatshop lifestyle, and try to escape. Seeing as how the outside is



protected by a heavily armed fleet of postal workers, escaping above-ground is not an option for them. No, sooner or later they discover that the only method of escape is through a network of underground tunnels, of which the entrance is hidden somewhere in the communal bathroom (you don't want to know EXACTLY where). Unfortunately for them, Mr. Xyz is also receiving a salary from nuclear power companies, and uses those same underground tunnels as a storage area for large amounts of toxic waste. As the actors are dashing through the tunnels in an attempt to regain their freedom, the toxic waste and large amounts of radiation that they are exposed to end up rapidly mutating their lungs, causing them to suddenly become short of breath, and collapse, unconscious. Mr. Xyz periodically sends out his flunkies, clothed in radiation protection suits, to scour the tunnels for the would-be escapees. The unconscious bodies are then dragged back to a

special wing of the institute, where they are quarantined from the rest of the inmates. Mr. Xyz then injects the quarantined actors with an experimental drug designed to lower radiation levels, for which he receives a salary from pharmaceutical research companies. The primary side effect of this radiation-lowering drug is the tendency of turning its subjects into a liquid state. When the actors turn into this liquid form, they are put into jars so that they may be stored. These jars are in turn classified and shelved, and attendants are sent around regularly to check up on them. Once these attendants discover that the liquid actors have congealed, they are then sold in bulk to university cafeteria food distribution companies, as gravy. This is the exact gravy bought and used by the Great Hall cafeteria. This is why the Great Hall gravy sometimes seems to have that special shine, that extra glow: the moderately high radiation levels still present in the liquid actors. And this is also why, sometimes, if the cafeteria ladies haven't stirred the gravy before putting it on your fries, you can see this sort of skin...

So now you know the evil truth behind the Great Hall "gravy", and the conspiracy to horribly transform unemployed television actors into congealed brownish food flavouring. So the next time the cafeteria ladies ask you if you want gravy on your fries, reply with a resounding HELL NO, and salute the numerous institutionalized actors that have fallen in their quest for freedom...

The 5 Stages of Drunkenness

After many nights of research in the Pub, we here at Lambda have come up with the five stages a person goes through in one night of heavy drinking. If you fit into these categories, then you truly are a professional drinker!

Stage #1 -- Smart

This is when you suddenly become an expert on every subject. You know all and greatly wish to express this knowledge to anyone who will listen. At this stage you are also always right, and the person you are talking to is obviously wrong. You will talk for hours trying to convince someone that you are right. This makes for an interesting argument when both parties are SMART. Two people talking, in fact, arguing about a subject neither one really knows anything about, but are convinced that they are the complete authority on the subject makes for great entertainment for those who get the opportunity to listen in.

Stage #2 -- Handsome/Pretty

This is when you are convinced that you are the best looking person in the room and everyone is looking at you. You begin to wink at perfect strangers and ask them to dance because of course they have been admiring you the whole evening. You are the

centre of attention, and all eyes are directed at you because you are the most beautiful thing on the face of the earth. Now keep in mind that you are still SMART, so you can talk to this person who has been admiring you about any and all subjects under the sun.

Stage #3 -- Rich

This is when you suddenly become the richest person in the world. You can buy drinks for the entire bar and put it on your bill because you surely have an armored car full of money parked out back. You can also make bets at this stage. Now, of course you still are SMART. So you will always win all your bets. And you have no concern for how much money you bet because you have all the money in the world. You will also begin to buy drinks for all the people in the bar who are admiring you because you are now the SMARTEST, PRETTIEST, and RICHEST person on the face of the earth.

Stage #4 -- Superman

You can now pick fights with the people you have been betting money with because you cannot be hurt by anything. At this point you would go up to the boyfriend of a person who has been admiring your beautiful self all evening and challenge him to a

battle of wits for money. You have no worry about losing this battle of wits because you know all, have all the money to cover the bet, and you can obviously win any fight that erupts upon his being defeated, which he surely will.

Stage #5 -- Invisible

This is the final stage of being drunk. At this point you can do absolutely anything because no one can see you. You can get up and dance on a table to impress those persons who have been admiring you all night, because the rest of the people in the room cannot see you. You are also invisible to the person you have picked a fight with earlier in the evening. You can walk through the streets singing at the top of your lungs (because you are SMART and know all the words perfectly) and no one will think anything of it because they can't see you. All your social inhibitions are gone. You can do anything, because no one will know. And you certainly won't remember, even after you wake up in your underwear, upside down in a snow drift in the middle of the pit, with an SGA 4-Life tattoo on your ass, a black eye, and a crushing headache. And just think, you only went to the Pub for one drink to take a break from writing a 3000 word essay!

MUSIC FOR THE MASSES!!!

REVIEWS BY MAT THOMPSON, ENTERTAINMENT EDITOR

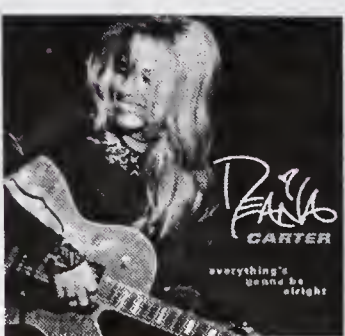


One Hit Wonderful

Ever wanted a CD full of songs that you know every word to, but can't name a single group? Well, **One Hit Wonderful** is the disc for you. This is a complete collection of eighteen of the biggest songs by bands that never made it. That's right... the one hit wonders of the 1980's!

This disc has it all. I had to listen to 14 tracks before finding a song I didn't know. There are songs like *Video Killed the Radio Star*, *Da Da Da*, *99 Red Balloons*, *I Want Candy*, *Come On Eileen*, *867-5309*, *Kung Fu Fighting*, *Rock the Boat* and the Canadian classic *Take Off To The Great White North*. Now if you notice I listed the songs and not the bands. Well, that is because you won't know who the hell I am talking about if I list the bands. The jewel of the album is **Bruce Willis'** hit *Respect Yourself*. After this song you will see why he never had another hit!

This is the coolest album if you are into strange 80's hits. **One Hit Wonderful** is available now.

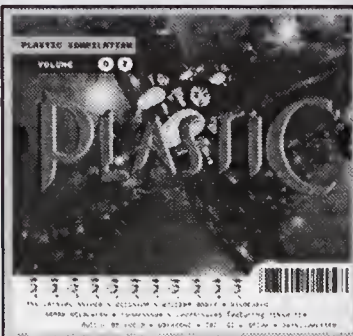


Deana Carter - Everything's Gonna Be Alright

The long awaited, second album by Country Phenom **Deana Carter** has finally arrived. I know there isn't much in the way of country represented in this section, but I review what they send me. I actually called EMI and asked them to send me this disc after hearing *Absence of the Heart* on CMT.

If you have heard and loved Deana's first album, *Did I Shave...*, you are bound to like this CD. The album covers different aspects of country music, from the heartfelt tragic country ballads to modern country that is almost free of the past sound and style. Many songs on this album, including *Absence*, could easily be considered for the pop charts all over the country.

Deana's voice is beautiful and makes the ballads even better to listen to. *Everything's Gonna Be Alright* is only Deana's second album, and she is already rocketed to superstardom. Check this one out.



Plastic Compilation Volume 2

Plastic - Capable of undergoing continuous reformation without rupture or relaxation. Well, with that in mind, the **Plastic Compilation Vol. 2** is a continuation of what the first volume did. It took well known and reasonably famous songwriters and handed them over to some of the best electronic pioneers in the business.

Sure the album contains songs by *The Crystal Method*, *Sarah McLachlin*, *Delirium*, *Cornershop*, *Autour De Lucie*, *Spiritualized* and others, but they are not what you expect. All the songs on this album have been remodeled by remix masters like *The Chemical Brothers*, *The Crystal Method*, *BT* and *Sasha*, *Fatboy Slim*, *William Orbit*, *Roni Size* and others.

I don't always like remixes, but the **Plastic Compilation** puts all the others to shame. I am amazed at how good these songs actually are. **Plastic Vol. 2** is available now and is a definite must have for music collectors.



The Prince Of Egypt Soundtracks

What a marketing ploy. Dreamworks has decided to release three soundtrack albums for its upcoming release *The Prince of Egypt*. The catch is that each will have a different tag line: *Soundtrack*, *Nashville*, and *Inspirational*.

Instead of sending all three CDs to the press, they have released a CD sampler containing songs from each album. Due to the movies setting in Biblical times all the songs have definite religious ties. Even though one is labeled inspirational disc, they all are. The soundtrack features *Boyz II Men*, *Amy Grant*, *K-CI & JOJO* and stars *Steve Martin*, and *Ralph Fiennes*. The inspirational album features *The Winans*, *Jars of Clay*, *Brian McKnight* and others. And the Nashville album features *Clint Black*, *Faith Hill*, *Vince Gill*, *Reba*, and more.

The feature song from the movie is a duet by *Whitney Houston* and *Mariah Carey*. All the soundtracks seem good, and it is up to you to decide on one or all of them for your collection.



Explore - New Music Sampler

Sony Music sent me this *New Music Sampler*, which should be available now in stores, to spotlight some of their more popular bands along with some up and coming bands they need to promote. There are really only two bands on the album that are semi big names and the rest are there to either get noticed, or just ride on the success of the others.

The two names that will be familiar are *Jerry Cantrell* and *Rasputina*. They seem to be the power behind the album, even though other tracks are far superior. There are thirteen tracks in total and they include bands like *The Afghan Whigs*, *Bernard Butler*, *flick*, *DGeneration*, *Adam Cohen*, *The Julie Band*, *zebrahead* and a few others. All these bands are good and make for a very interesting collection of artists.

Explore is available at all music stores and is a great piece to have in your collection.

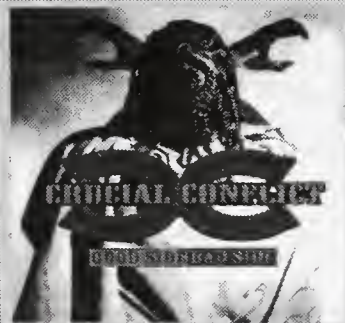


A+ - Enjoy Yourself EP

Now I can stand a little sampling, but this rapper has gone way to far! He has taken one of the most popular songs ever written, and turned it into a rap song. No I am not talking about *Paradise By The Dashboard Light*... I mean *Beethoven's 5th*. What's the matter, did Puff Daddy already steal every song made this century? This is pathetic! Beethoven with bass. Get a life.

The *Enjoy Yourself EP* only contains two different songs, but of course there are multiple versions of each. *Enjoy Yourself* would be the Beethoven robbing track and *Up Top New York* is just your typical bad rap song by a no talent Puffy-Wanna-Be. If you want to know who A+ is, well, I can't be bothered to even try to find the bio from how bad this crap is.

If you happen to hear *Enjoy Yourself* and want to own it, be warned, the rest of the album probably sucks so this EP should be enough.



Crucial Conflict - Good Side Bad Side

I am guessing from the name of the album that the side of the disc with the music must be the bad side, and if you turn it over and hear nothing, you have found the good side!

Crucial Conflict is one of those Gangsta Rap groups that make you think that all rap music sounds the same. I know that it doesn't, but this whole album is just the same jumble of sounds and (supposed) lyrics that make you wish CKLU was on instead! The only saving grace on this album is an appearance by *R. Kelly*. Kelly's voice breaks through the crap like quilted toilet paper, but just like the paper, he ends up flushed down the crapper with the rest of the shit!

I have become a fan of rap and dance music over the last few years, but this album makes me wish I still was listening to *Raffi's Baby Beluga*. Not to be mean, but run far away from this album!



The Afghan Whigs - 1965

Well, *The Afghan Whigs* have been recording albums since 1988, but I'll be damned if I have ever heard of them before now. I thought it was strange to get a full album and a CD Sampler featuring the same band, but I guess Sony really wants these guys to take off.

The Afghan Whigs are a more rock based alternative band, and there is nothing too special about them. They are good at what they do, their music is good, the lyrics are interesting, but they could easily get lost among all the other bands out there with the same style and sound. I am glad that these guys have had such a long career, but they need that something extra to propel them above all the others. They do mix a little 60's style into their songs, but not enough to make themselves stand out.

1965 is available now. It's a good album, but not one you just have to run out and get. Check out their music before buying. You may like it!



Adamski's Thing

If you don't know who *Adamski* is, he has been around the underground music scene for over a decade. He started in a group called *Stupid Babies* at age eleven, moved on to a band called *Diskord Datkord*, then shoved out on his own mixing and creating early Acid House music.

Adamski toured the raves and clubs for years honing his skills and released a few albums along the way. Now, after a six year break from his last album he has released his latest *Thing*. Most of the vocals on the album are by New York house singer *Gerideau* and the first single, *One of the People*, features *Adamski's* daughter. The vocals aren't bad, but it is the music that drives this album. There is no other reason to buy the album unless you like well done acid house/dance music.

Thing is available now and features some of the best keyboard/drum machine mixing since the mid 80's. *Adamski's* name may not be a household staple yet, but the clubs seem to love him.



Flip Squad All-Star DJs

Now, if you haven't noticed, I have a problem with sampling. But there is a difference in this album. This is a bunch of DJs that have banded together to create an album that is pure mixing and scratching of new and old music. *The Flip Squad* have shot to fame with their DJ styling and this album showcases that talent.

The Flip Squad features DJ members *Doo Wop*, *Mark Robinson*, *Big Kap*, *DJ Enuff*, *Mister Cee*, *Funkmaster Flex*, *Biz Markie* and *Cipha Sounds*. These guys are at the top of their game and can mix with the best of them. They work together, alone and in collaboration with other artists creating some of the best sounds around. You will never hear DJing like this in Sudbury.

With more than 50 years experience between them, there's no doubt the *Flip Squad* will show the rest how it's done.

LOCAL ACTS... Get Listed in Lambda
Call Mat @ 675-1151, ext.2404

Scraping Roadkill Off the Information Superhighway

by Nick Stewart
Asst. Entertainment Editor

Hallmark - Shoebox - Funny But No:

<http://www.shoebox.com/funny/funny.asp>

Ever see the crap they sell in Greeting card stores and wonder "If this is the crap they put on the shelves, what the hell did they throw away??". This site is the answer to that question. Basically this place is an online reject bin for the cards that they've created and decided not to use, either because they were offensive, unfunny or just plain inappropriate. They post them every few weeks, with 3 rejects a week...and there's about a hundred weeks worth of stuff on here. Okay, given, most of the cards are just interesting to read because you can't really imagine them SELLING these things...but there are quite a few that are so tasteless that they're funny. Like for example, here's a Father's Day card for your stepfather: "Happy Father's Day! You've been just like a dad to me! I mean the way you sleep with mom and all.". Or how about a birthday card for an older relative or friend: "It's your birthday, and there's one question on everybody's mind! What are you usin' for a colon these days? ". And I have NO clue what the hell kind of occasion THIS card would be for: "Have you ever smelled something bad and eliminated every possible source until it became disturbingly clear that it was YOU? Maybe you should." Personally, I'd buy these cards if they were sold in the stores, but hey, that's me. Anyhow, if you've got a lot of time on your hands, this is a fun site to visit.

Never Underestimate the Power of Human Stupidity:

<http://www.geocities.com/SiliconValley/Vista/5842/Frames.html>

Just the title alone was enough to pull me into this site. Anybody who's worked retail or been to class or try to order a meal at Denny's knows just how downright stupid most people are. This site showcases that stupidity, displaying it for all to see. It's actually a collection of stories from help desk workers, cashiers, and other people who are exposed to the public on a regular basis. These stories focus on one thing, and one thing only: that people are dirt stupid and are beyond all help, a view I happen to agree with. For example, don't you hate answering the phone at work and hearing "Why aren't you the number I called?". This site is far from being professional, but don't let its amateurish edge ruin your enjoyment of this otherwise hilarious site.

The Illustrated Guide to Breaking Your Computer:

<http://members.aol.com/spoons1000/break/index.html>

Has your computer ever lost any of your really important files? Is it simply not working? Or is it that you just don't like it? Is the frustration of any of these things getting to you? If so, pop by this site and learn how to "properly" break your computer. Oh sure, you could just take your keyboard outside and smash it on the ground, but this site shows you, step by step, how to destroy your computer parts in a much more efficient and satisfying manner. For example, the keyboard. The author of this site suggest what tools you should use, what faces to make to intimidate your keyboard, and what exactly you should drill to get the keys flyin' off their springs in no time. Of course, there is much more to this website than just keyboard-destruction. No, this site also shows you how to properly mutilate your monitor, partition your hard drive (with a hacksaw), and how to simulate different climates on your circuit boards (blowtorches and compressed electronic dusters). And if you don't feel like smashing your 3 000 dollar computer into smithereens, then just visit the site to look at the oh-so-satisfying pictures (Abort, Retry or Fail THIS!!!).

The Nerdity Test:

<http://www.frontiernet.net/~jbennett/nerd/n500test.html>

Yup, that's right, this is the classic Nerdity Test (much like Lambda's own annual Purity/Impurity Test), only it's online! That's right, no writing anything down, no flipping through pages to check old answers. Everything you need to calculate just how big a nerd you are is right here on this page. And for those of you that have never heard of the Nerdity Test, it's a series of yes or no questions (such as "Have you ever owned a Star Wars lightsaber?" and "Have you ever used the word 'asymptotic'?"), that when all your answers are totaled, will give you Nerdity Quotient, in percentage. This site calculates it all for you, and has this nice l'il chart for you to compare your score on. With nine different levels of nerdity, the scores range from "Nerd-In-Training" to "YOU need some serious help" to "Hail, O Nerd Master, virgin sliderules I sacrifice unto you". But if you're gonna sit down and do this test, you'd better have some time on your hands...there's five hundred questions in this version.

Reasons You Didn't Finish Your Essay

1. You noticed the Zoodles in your cupboard were going to expire on July 2001, so you made them and any other food that was within 3 years of expiring just to be safe.
2. Hollywood Hogan had an important message he had to tell his fans about Goldberg. You couldn't miss that.
3. There was a chance that that cute guy/girl down the hallway was going to walk past you after having their shower, clad only in a towel, and you didn't want to miss it if the towel happened to fall off this time!
4. You couldn't concentrate knowing that you hadn't achieved closure with the girl/guy you broke up with back in grade nine at the miner-niner dance, so you called.
5. CKLU may have had some interesting shows you didn't want to miss, so you listened all night to no avail.
6. You heard you could fit a condom over your head and was rushed to the emergency room by that cute guy/girl down the hall that found you unconscious, but ribbed for her pleasure.
7. You had to alphabetize your CDs so that ABBA and Zamphir are easier to find.
8. You synchronized your clocks to the Preview Channel so you would know exactly when Judge Judy would start and you wouldn't miss her sexy little walk when she enters the courtroom.
9. Your dishes were piled so high on the counter that small creatures could be hibernating amongst them, so you had to clean them.
10. After finishing the seventh draft, the pub threw you out for being too drunk and you ended up in U of S trying to find Wylie's.
11. You stood in front of your bathroom mirror for hours trying to come up with enough nerve to say Bloody Mary the fifth time.
12. You thought you saw something move in your laundry pile so you had to separate and wash all the clothes. Of course you read all the tags to make sure you didn't wash a warm water permanent press item with a cold water nylon product.
13. You remembered losing a loonie in the couch a month or so back, so you tore the couch and all other furniture apart trying to find change. After that you went to the store to buy cigarettes with the change so you could finally start smoking.
14. You coordinated your cereals by nutritional value so you could pick the best breakfast combination every morning.
15. TSN was playing the northern south-western Yellowknife junior old-timers curling championships and that guy down the hallway told you it could get ugly.
16. Just to be safe, you bought and installed new batteries in all you battery operated equipment (flashlights, smoke alarms, remote controls, sex aids...).
17. The grout in your bathtub was going a little off colour, so you re grouted and silicone sealed all the tiles to be safe.
18. There was a very interesting interview with Jerry Seinfeld in the October 1993 issue of Playboy you never got around to reading until now.
19. You think you figured out who the second shooter was on the grassy knoll so you watched JFK in slow motion to see if your conspiracy theory was right. You then had to call Nick Stewart to see if he noticed the same thing as you.
20. Two words... French Porn!!!

THE SICK JOKE OF THE WEEK HAS BEEN REMOVED FROM THIS SECTION THIS WEEK DUE TO OFFENSIVE, RAUNCHY, OVER THE TOP, OUTRAGIOUS, SEXIST CONTENT. COOL, EH?

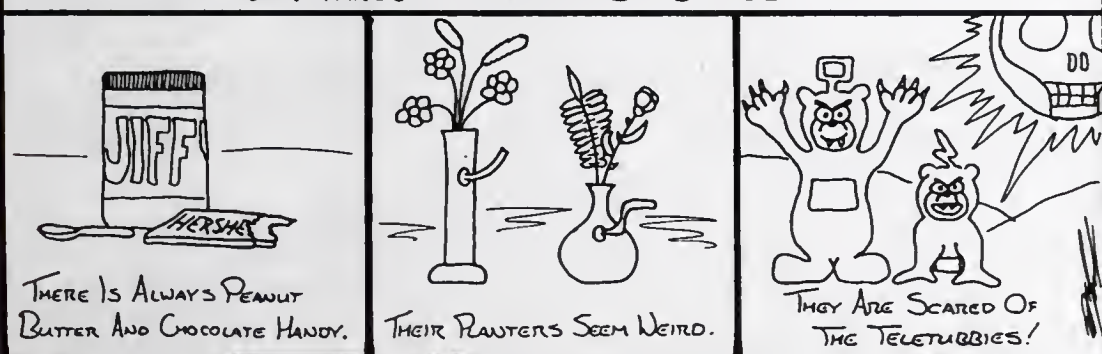
Shooters of the Week

1. Homecoming - 1/2 Irish Cream, 1/2 Amaretto
2. Oh My God! - 1/4 Vodka, 1/4 Tequila, 1/4 Bourbon, 1/4 Pickle Juice
3. Rootbeer Float - 1/2 Rootbeer Schnapps, 1/2 Irish Cream
4. Russian Quaalude - 1/3 Vodka, 1/3 Irish Cream, 1/3 Frangelica
5. Buffalo Sweat - 1/5 Tobasco, 4/5 Bourbon

OVERLOAD

BY MAT THOMPSON

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Skewed News Briefs

by Nick Stewart
Asst. Entertainment Editor

Ted Turner to Run For President

At a recent dinner for the Society For the Prevention Of Really Bad Things, Ted Turner announced that he fully intended to run for president of the United States during the next election, much to the shock of those present. He then went on to say that the United States were keeping nuclear weapons as protection from "the starving masses of the Third World when they come to our door". He then went on to say how they would be coming across the border from Mexico and from Saudi Arabia "when they run out of oil". When asked who his speechwriter is, Turner appeared nervous and changed the subject, though it is rumoured that Ross Perot's maniacal cackle has been heard in the background on CNN lately. It is also rumoured that if Turner were actually to gain the presidency that CNN would be converted to The Ted Turner Is The Supreme Ruler of the Free World Network, and that the Atlanta Braves would relocate to Washington and would be renamed to the Washington Bribe Accepters. It is speculated that he will then create a line of Ted Turner Kicks Ass But Not Really action figures, as well as his own line of Ted Turner StudMuffins Dessert Cakes.

Top Ten Things to Do When Losing At Bingo

10. Dab your cards to the tune of We Will Rock You
9. Constantly ask the people around you "What was that number?"
8. Yell BINGO after every number called.
7. Throw things at the caller to try to get a reaction.
6. Run around dabbing people on the forehead yelling "you are healed my child!"
5. Talk to yourself about how big of losers the people around you are for being at bingo.
4. Make up nonsense rhymes for every number that is called.
3. Stare and point at the people in the non-smoking room as if they were on exhibit in the zoo.
2. Bring troll dolls for luck and when you start losing, sacrifice them to the gods of Bingo one by one.
1. Go up to everyone who wins and lick their head for good luck before the next round.



Brainfarts...

- Last night I played a blank tape at full blast. The mime next door went nuts.
- When crazy people go camping in the forest, do they follow the psycho path?
- If a cow laughed, would milk come out it's nose?
- Can prisoners call each other on cell phones?
- If olive oil comes from olives. Where does baby oil come from?
- What's the speed of dark?
- I always thought the letters DNA stood for the National Dyslexics Association.
- If you are sending someone Styrofoam, what do you pack it in?
- I just got skylights in my place. The people in the apartment above me are furious!
- Why do they sterilize lethal injections?
- If your boomerang doesn't work, is it just a stick?
- Do they have reserved parking for non-handicapped people at the Special Olympics?
- Is it true that cannibals don't eat clowns because they taste funny?
- If a person with multiple personalities threatens to commit suicide, is it considered a hostage situation?
- If it's tourist season, why can't we shoot them?
- I wonder if they drank Sanka on the Titanic?
- Did you hear about the guy who lost his left leg and arm in a car accident? He's all right now!
- What's the difference between roast beef and pea soup? ...anyone can roast beef!



Local Talent... Local Acts

Soakin' Wet makes their return to Tailgate Charlies this weekend with a three night gig from Friday, November 20th to the 22nd. They will also be playing The International on November 27 - 28th.

Melanie's Loveseat and Nickel Bender team up on Friday, November 20th to blow the roof off The Townhouse.

The Smokers and Just Cause are playing an all ages show on Sunday, November 22nd from 6-10 at the Townhouse. This is a non-alcoholic show.

IT'S COMING!!! That's right, the local concert event of the year is right around the corner! **The Elephant Band, Mondo Idols, Melanie's Loveseat and The Smokers** are banning together to show Sudbury what they are made of on November 28th at Big Thunder. The price is \$2 in advance or \$4 at the door. You can get tickets from band members or through Lambda.

ATTENTION LOCAL ACTS: Drop your CDs off to Lambda and you are assured the top spot on our *Music For The Masses* page!

The Waterboy

by Jeff Manners
Contributor

I'd like to start off by saying no, my name is not Mat Thompson. I am Jeff Manners, the new movie review guy. I hope this will not cause much confusion or unhappiness to you, the faithful reader. So, let's get to the movie.

I will admit that I am a huge Adam Sandler fan, and I hope that will, in no way, bias my opinion of this movie. I just have one thing to say about *The Waterboy*... "That is some high quality H2O!" This was a really good movie. I have seen quite a few bad reviews, but I left the theatre with sore sides and a smile.

The Waterboy is the story of Bobby Boucher (Adam Sandler), a naive, not too intelligent, college football team waterboy who hasn't cut the apron strings. He is constantly teased by the players, the fans and even the coach who finally fires him. He ends up working for the Muddogs, and their close-to-nervous-break-down coach, Coach Klien (Henry Winkler). When he finally lets out his anger built up from years of teas-



ing, he is put on the team in a last ditch attempt to bring them out of a 40 game losing streak.

Bobby's mother is played by Kathy Bates (*Misery, Titanic*), who does an exceptional job as an over-protective single parent. She is constantly trying to keep Bobby from 'the devil', which is football, girls, and life in general. It also co-stars Fairuza Balk (*The Craft*) as Vicki Vallencourt, Bobby's delinquent girlfriend. The one to really watch for in this movie, however, is Farmer Fran, played by Blake Clark (*TV's Home Improvement*). His character is absolutely hilarious, although hard to understand.

Now don't expect this movie to answer the meaning of life, or the

meaning of anything. The only message in this movie is that if you put your mind to something, you will do it (and even that's vague). This is the type of movie that you should go and see if you need to laugh. It almost reminds me of *Happy Gilmore* in two ways: one- it is slapstick comedy with great one-liners and a superb cast; and two- it is a sports movie. On the other hand, this movie actually has a bit of a plot, and it's not quite as two-year-oldish as *Gilmore*.

I guess what I am trying to say is, if you enjoyed Adam Sandler's other movies, you will definitely enjoy this one. If you weren't that gung ho on his past pictures, you may be turned around by this one. If you hate Adam Sandler and his other movies made you puke, I'd probably stay away from this one (but I guess I didn't have to tell you that).

If you do decide to go and see *The Waterboy*, watch for some great cameos by ESPN's Dan Patrick, SNL's Rob Schnieder, WCW's Giant, and Roy Orbison?? (you'll see what I mean)

Titanic vs. Monica

(which will go down first?)

TITANIC VIDEO

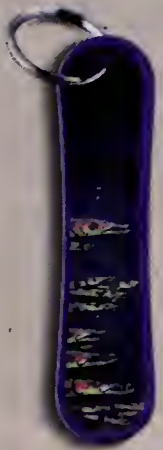
1. \$9.99 on the internet
2. The story of Jack and Rose, their forbidden love and a subsequent catastrophe
3. Villain: White Star Line
4. Jack is a starving artist
5. In one scene, Jack relishes a good cigar
6. During the ordeal, Rose's dress gets ruined
7. Jack teaches Rose to spit
8. Rose keeps her jewelry, but ends up throwing it away
9. Leonardo DiCapprio's popularity skyrockets
10. Jack surrenders to an icy death

CLINTON VIDEO

1. \$9.99 on the internet
2. The story of Bill and Monica, their forbidden love, and subsequent catastrophe
3. Villain: Ken Starr
4. Bill is a bullshit artist
5. After a scene, Bill really enjoys a good cigar
6. During the ordeal, Monica's dress is ruined
7. Well...ummm...use your imagination!!!
8. Monica has to return her gifts, and throws a fit.
9. Bill Clinton's approval rating skyrockets
10. Bill has to go home to Hillary



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Les «maux» du rédacteur

Le p'tit frère abandonné L'avenir des Franco-Ontariens

Gérald D. Woodard
Rédacteur Francophone

Beaucoup d'encre a coulé dernièrement sur la question de l'usage de l'anglais par les francophones de notre université et sur notre *assimilation* dans la communauté anglophone. Nous devons nous poser la question : Quel est l'avenir des Franco-Ontariens? L'indépendance éventuelle du Québec en aura-t-il un impact quelconque? Voilà les grandes questions du jour - des questions dont les réponses joueront grandement dans l'avenir du peuple Franco-Ontarien en entier.

Le français en Ontario possède une histoire aussi riche que longue. Mais depuis quelque temps il semble diminuer - même disparaître - sous la vague anglaise qui a pour nom *l'Amérique du Nord*. Grâce à des lois visant à protéger la langue et à garantir son avenir, le français a réussi, quelque peu que ce soit, à se défendre sur les différents champs de bataille. La proximité du grand frère des Franco-Ontariens, le Québécois, a beaucoup aidé dans la lutte. Les Franco-Ontariens ont, dans cette aubaine, un as de plus que les francophones des autres provinces qui, éloignés de la «Terre Sainte» canadienne, doivent se défendre

quasiment tout seuls. La protection ardente - même extrême - de la langue française au Québec a un effet de débordement en Ontario, surtout dans ces régions francophones dans le Nord près de la frontière - effet qui sert à renforcer la langue ici.

Mais de là naît l'autre problème - si le Québec se séparait? Le gouvernement fédéral aurait-il, face à une population francophone réduite presque au point de la disparition, d'intérêt à appliquer la politique du bilinguisme officiel? La réponse va de soi : bien sûr que non! Avec une communauté francophone qui compterait moins de membres que bien d'autres au pays, le gouvernement fédéral serait obligé à renier le bilinguisme officiel. Cela lui coûterait trop cher et porterait trop peu de bénéfices. Et sans cette politique, et la présence du Québec au sein du pays, les Franco-Ontariens ne se jouiraient plus des chances dont ils se jouissent aujourd'hui. Des soldats abandonnés dans le camp de l'ennemi, ils tomberaient vite, criblés de balles linguistiques.

Le vrai problème c'est que des paroles telles que nous avons vues dans les journaux étudiants récemment ne nous aident pas dans notre but. Ces paroles enflamment tout le monde et servent à diviser les groupes linguistiques dans un pays où il y a déjà trop de division. Nous

devons être unifiés dans une cause canadienne, et non pas divisés en maintes causes linguistiques. Cela n'est pas pour dire que notre langue n'est pas importante. Bien au contraire, il faut protéger notre langue - même plus, il faut la promouvoir - mais des accusations de «contamination» et le fait de suggérer que de s'échapper en anglais soit le résultat d'imperfections n'avanceront pas notre cause. Nous avons vu les résultats, dans le reste du Canada, quand le Québec a adopté la Loi 101, et nous avons vu les résultats, au Québec, quand la ville de Sault Ste Marie s'est déclarée unilingue anglaise.

Il faut que nous apprenions à s'aimer les uns les autres ; à aimer notre diversité ; à apprécier les richesses de nos deux cultures et de nos deux langues. Que notre grand frère ne nous quitte pas! Cela devrait être le souhait de chaque Franco-Ontarien. Car s'il nous quitte, nous ne grandirons jamais. Notre culture risque de dépérir et de mourir dans la fleur de l'âge. Parlons à notre grand frère ; aimons-le ; parlons aux *anglais* ; aimons-les ; et surtout faisons que les *Anglais* et notre grand frère s'aiment afin que notre grand frère ne ressente plus le besoin de s'en aller. Si nous pouvons réussir cela, nous aurons un avenir aussi longue que riche - tout comme notre histoire.

La vision Watters : la réaction

Gérald D. Woodard
Rédacteur Francophone

Dans les derniers jours, lors d'entrevues, les deux associations étudiantes et l'Association des professeurs de l'Université Laurentienne (APUL) ont exprimé leurs pensées sur la vision de Jean Watters pour notre Université. L'idée principale qui est sortie de ces entrevues c'est que la majorité des gens veulent attendre et voir ce que l'avenir réserve pour l'université.

La présidente de l'APUL, la Dr Wendy Jerome, a dit qu'elle voyait les changements que le Dr Watters avait suggéré comme étant des changements plutôt administratifs qui ne touchaient pas les professeurs, sinon indirectement par la hiérarchie et la question de responsabilité. «Il ne semble avoir aucune responsabilité ultime», a-t-elle déclaré dans une entrevue en anglais, «les professeurs se demandent s'ils ne sont pas, en quelques sortes, dans les limbes.» Elle dit que ce n'est pas tout le monde qui est heureux du plan structurel présenté par Dr Watters, mais que la plupart adopte une attitude de «attendons voir.» Selon Dr Jerome, le besoin d'innovation et de technologie nécessite de l'argent et, sans que quelqu'un ne fournisse de grands montants d'argent, elle ne voit pas comment on pourrait accomplir

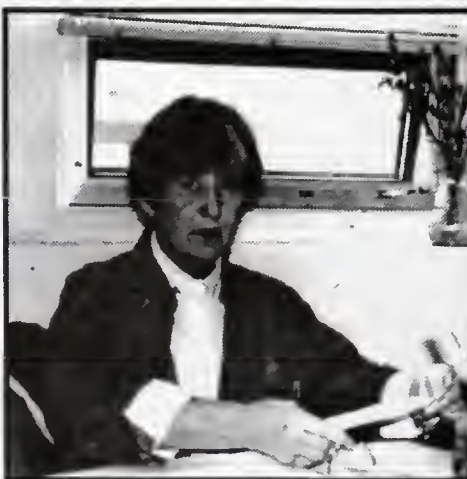
ces changements sans des pertes massives d'emplois. «Personne n'est opposé au changement», a-t-elle déclaré, «mais nous nous demandons d'où viendraient les fonds et l'énergie.»

Quant aux étudiants, il semble que l'attitude est la même : «attendons voir». Selon Jamie Wylie, Président de l'AGE, c'est bien que le Dr Watters veuille faire de l'Université Laurentienne l'université la plus innovatrice au Nord d'ici l'an 2005, mais qu'on ne doit pas seulement en parler. «Cela fait plusieurs mois que je lui entends parler de ça», a-t-il dit, «et c'est peut-être le temps d'arrêter d'en parler et commencer à mettre le plan à l'action.» Selon Wylie, seul le temps dira si Dr Watters a raison. «Je ne pense pas que cela aura un grand impact sur les étudiants» a-t-il dit.

Todd Bosak, Vice-président aux affaires étudiants de l'AGE, dit que c'est clair que le Dr Watters essaye d'être le plus ouvert possible aux demandes des étudiants, et que si les frais augmentent de nouveau l'AGE reconnaîtrait que

ce ne sera pas entièrement la faute du Dr Watters. «C'est bien de vouloir arrêter la mentalité de «nous et eux», » a-t-il déclaré, «mais nous voulons une assurance que l'administration est de notre côté avant de parler de façon sérieuse de partenariat.»

À l'AÉF, c'est le même ton qui ressort. «Je pense que ça va bien aller» a déclaré Renée Dutrisac, Présidente de l'AÉF, «si tout le monde travaille ensemble... et [essaye] de trouver un juste milieu pour adhérer à ses valeurs qu'il a présentées.»



Wendy Jerome, présidente de l'Association des professeurs de l'Université Laurentienne.
"Attendons voir."

l'AGE : Vote de grève pour janvier

Gérald D. Woodard
Rédacteur Francophone

Dans son conseil de mercredi le 11 novembre, l'AGE a adopté, à la quasi-unanimité, une résolution qui verra un plébiscite auprès de ses membres sur la question d'une grève éventuelle d'un jour au mois de février. Ceci fait suite à la semaine d'action de la Fédération Canadienne des Étudiantes et Étudiants (FCÉE) et les manifestations qui ont eu lieu au mois d'octobre partout dans le pays. La FCÉE a, pendant cette semaine d'action, remis aux gouvernements une liste de demandes qui comprenait, entre autres, un gel des frais de scolarité, l'instauration d'un système de bourses national et un nouvel investissement dans les programmes sociaux du pays. Lors de cette remise de demandes, la FCÉE a dit que, si les gouvernements ne les rencontraient pas, les étudiants du pays sortiraient en grève au mois de février.

Membre de la FCÉE, l'AGE a pris la décision de consulter ses membres afin de savoir leur volonté dans cette matière. Selon Todd Bosak, Vice-président aux affaires étudiants, ceci est un pas fort positif. «La meilleure manière de décider», a déclaré Bosak dans une entrevue en anglais, «est de demander aux étudiants. C'est une question très

importante.» Quant à Jamie Wylie, Président de l'AGE, il dit que si les étudiants choisissent de sortir en grève l'AGE donnera son appui entier. Mais, «si les étudiants choisissent de ne pas faire de grève», a-t-il dit, «l'AGE ne pourra pas donner son appui à une grève quelconque.»

Selon la résolution adoptée, ce «vote de grève» aura lieu au mois de janvier. La FCÉE tiendra sa réunion nationale générale dans deux semaines afin de clarifier sa position sur la question d'une grève nationale et d'adopter un plan d'action. Après avoir eu la décision de cette réunion, l'AGE pourra ensuite aller aux étudiants avec de l'information précise dans un vote sur la question.

Dans un court entrevue sur cette question, la Dr Wendy Jerome, Présidente de l'Association de professeurs de l'Université Laurentienne (APUL), a dit que l'APUL a toujours appuyé les étudiants dans leurs luttes et continuera à faire ainsi. Elle a cependant dit que l'APUL ne pouvait pas demander à ses membres de ne pas enseigner lors d'une grève éventuelle. Mais l'association pourra, comme a été le cas à d'autres reprises, demander à ses membres de ne pas pénaliser leurs étudiants qui manquent des cours pour y participer.



Dit Jamie Wylie, Président de l'AGE, "si les étudiants choisissent de ne pas faire de grève (scolaire), l'AGE ne pourra pas donner son appui à une grève quelconque."

Les prix de la francophonie

L'association canadienne d'éducation de langue française tient actuellement des concours dans le cadre de *Les Prix de la Francophonie*. Il y a onze concours dont deux pour les étudiants au postsecondaire, quatre pour les intervenants en éducation et un pour les femmes en éducation.

Les concours pour étudiants sont comme suit:

- Concours «Le jeune journaliste»
- Concours «Prix de la francophonie internationale»

Les concours pour intervenants en éducation sont comme suit:

- Concours «À la découverte des communautés francophones»
- Concours «La diversité culturelle»
- Concours «Le site internet»
- Concours «Prix de la francophonie internationale»

Le concours pour femmes en éducation est le concours «La part des femmes en éducation.»

Pour de plus amples renseignements, vous pouvez contacter l'ACELF au numéro (418) 681-4661, ou visiter le site web de l'ACELF au www.acelf.ca. Vous pouvez aussi contacter Gérald Woodard, Commissaire des affaires francophones de l'AGE.

L'USAGE FRANÇAIS

Cette rubrique est consacrée aux nuances de la langue française. Elle fournira, grâce à des extraits du *Langagier* du Département de Français, des clarifications sur l'usage, correct et incorrect, de certains mots et combinaisons de mots. Ici, on retrouvera aussi, parfois, de petits jeux de mots pour vous amuser. Si vous avez des mots sur lesquels vous voulez être éclairés, faites-les parvenir au Lambda ou au *Langagier* (Département de Français). Nous voulons remercier le rédacteur du *Langagier*, le Docteur Pascal Sabourin, pour sa coopération.

BROSSE (Sauter une, prendre une)

Durant la période des fêtes et des carnavals, il se peut que l'oncle Henri «saute sa **brosse**»! Absente des dictionnaires usuels comme le *Robert*, cette vieille expression canadienne ne doit rien au sens premier de **brosse** que est, comme on le sait, un ustensile de nettoyage. Un fidèle lecteur, Donald Déschênes, du Centre franco-ontarien de folklore, nous fournit l'explication suivante.

Selon le *Dictionnaire nord-américain de la langue française* de Bélisle, ce sens du mot **brosse** viendrait du vieux français *broisse* ou *breusse* (dans Rabelais) qui désigne une coupe, une tasse. «Prendre une brosse», à l'origine, était donc l'équivalent de l'expression moderne «prendre un verre», c'est-à-dire le fait de boire. Par extension, la langue populaire accorde au mot le sens de trop boire, de s'enivrer. Un **brosseux** (ancien *brossieux*) est donc la personne qui a l'habitude de s'enivrer (souvent le samedi soir!). Au sens moral, c'est une personne aux moeurs désordonnées, débauchées.

(Le Langagier, n° 27, décembre 1997)

FUTUR, AVENIR

Une lectrice nous demande de préciser les nuances sémantiques entre ces deux termes.

La confusion vient en partie du fait que, pour exprimer ce qui arrivera à un moment ultérieur, l'anglais n'a qu'un seul mot : *future*, (Ex. : *My future profession. In the future.*), tandis que le français a élaboré deux termes très différents par la forme et par le sens.

En français, l'adjectif **futur** a le sens de «qui sera, arrivera, qui appartient à l'avenir». Ex. : «L'étudiant voit à ses besoins actuels et **futurs**. Les **futurs** générations. C'est un **futur** champion du hockey! Ma **future** (conjointe). Les **futurs** parents». Employé comme nom, le mot désigne l'ensemble des formes d'un verbe qui exprime une action placée dans l'avenir par rapport au moment présent. Ex. : «Je lui parlerai **demain**». Ce n'est qu'abusivement que l'on accorde à **futur** le sens de «partie du temps qui vient après le présent», sous l'influence de l'anglais.

Avenir est la substantivation du verbe **advenir**, lui-même une réfection, au XV siècle, de l'ancien verbe **avenir** (lat. *ad* - à, *venire* - venir). (Allez voir le sens du mot anglais *Avenue*, emprunté au français). *L'advenir* n.m. (Devenu l'**avenir** au XVII siècle) signifie donc ce qui arrivera dans une période de temps non accomplie, par opposition au passé et au présent. Ainsi, on parlera de «projets d'**avenir**», de «prévoir l'**avenir**». Le terme s'est spécialisé pour désigner l'état, la situation de quelqu'un dans le temps à venir. Ex. : «Je lui souhaite un brillant **avenir**. Elle a de l'**avenir**!».

(Le langagier, n° 26, novembre 1997)

Voici la réponse au jeu de mot de la semaine passée : «Un *soupir* vient *souvent* d'un *souvenir*»
À la semaine prochaine!!

Protégez-vous contre les émanations de monoxyde de carbone

À l'arrivée de l'hiver, beaucoup de personnes mettent en marche leur chaudière, allument des fours à bois ou des feux de cheminée et calfeutrent en même temps tous les joints par où l'air pourrait passer. Pensant au sérieux danger d'empoisonnement par le monoxyde de carbone auquel elles s'exposent ainsi dans leurs résidences ou des installations commerciales, des étudiants et étudiantes de génie de l'Université Laurentienne, spécialement préparés à cette fin, sont prêts à visiter, pendant le mois de novembre, les maisons des personnes qui le souhaitent et y tester la possibilité de fuites de gaz.

Le monoxyde de carbone se dégage de la combustion de divers produits utilisés pour le chauffage des maisons.

Il peut pénétrer, à travers des fentes ou des fissures, dans l'espace où se trouvent les habitants de la maison. Ce gaz est totalement inodore, incolore et insipide, ce qui le rend d'autant plus dangereux. Son accumulation peut causer des symptômes qui vont de la simple fatigue à la mort.

Les personnes qui souhaitent profiter des connaissances des membres de la population étudiante de l'Université Laurentienne sont priées de communiquer avec M. Lionel Rudd, technologue à l'École de génie de l'Université, au 675-1151, poste 2256. Le coût d'une visite à domicile est de 50 \$ qui seront versés à la Société des étudiants de génie de l'Université Laurentienne.

Gérald D. Woodard
Rédacteur Francophone

• Au Québec, le Premier Ministre Lucien Bouchard s'est retrouvé face à un petit piège dans sa campagne électorale la semaine passée quand un rapport de son propre ministère, qu'on lui accuse d'avoir essayé de caché, a révélé que son nouveau régime d'assurance-médicaments aurait entraîné l'hospitalisation, et même la mort, de plusieurs personnes de faibles revenus. M. Bouchard a déclaré que c'était claire qu'on devait modifier le régime.

• Dans les sondages, les deux partis principaux sont toujours dans un vrai course à cheval. Selon un sondage mené par Angus Reid, au compte de Radio Canada et le Devoir, si les élections avaient eu lieu entre le 4 et le 9 novembre le Parti Québécois aurait recueilli 44% des voix contre 43% pour les Libéraux et 5% pour Mario Dumont et son Action Démocratique. Dans un autre sondage mené la semaine passée par le groupe SOM, les libéraux avaient 44,5% des voix contre 43,1% pour le PQ et 8,8% pour l'Action Démocratique. Selon Guy Laroque, porte-parole du groupe SOM, ceci se traduirait en un gouvernement péquiste dans des élections. Il a dit

Gérald D. Woodard
Rédacteur Francophone

Vendredi le 13 novembre, à l'auditorium Fraser, l'Université de Sudbury a tenu une cérémonie spéciale pour honorer ses bienfaits et pour reconnaître les efforts de ses étudiants et étudiantes primés.

Au cours de cette cérémonie, l'Université a rendu hommage particulier au Collège Notre-Dame de Sudbury sur l'occasion de son cinquantième anniversaire, et a décerné un doctorat d'honneur en lettres sacrées à Soeur Yvonne Charbonneau des Soeurs de la Charité

J.C. St. Germain
Collaborateur

Nous, Canadiens français, nous semblons être obsédés par le genre dans la langue. Pourquoi ressentons-nous le besoin d'être si politiquement corrects? La langue n'est-elle pas capable de se faire comprendre toute seule? Où arrêtera ce bombardement linguistique?

Comme un matelas surbourré, la langue française commence à se déchirer aux coins et à cracher de petites plumes partout. Des "e", "esse", (e), (esse), (.e), (.e.s), ces plumes ne pèsent rien tout seuls mais, ensemble, rendent le matelas bien lourd. Elles chatouillent le lecteur à tous les deux lignes avec leurs bouts qui ressortent du matériel du matelas à des endroits bien mal commodes. Notre intention était bien

Les Élections au Québec

que, pour un victoire des Libéraux, il faudrait qu'ils aient un avance de 4 points de la voix populaire.

• Gérald Larose, Président du Conseil des Syndicats Nationaux (CSN), a déclaré que les électeurs font face à un choix plutôt difficile. Il dit que si Jean Charest est l'image du capitalisme brutal du 19^e siècle, Mario Dumont n'est qu'un loufoque et Lucien Bouchard, quant à lui, est un Premier Ministre qui a fait trop de coupures pendant sa gouvernance. «Je suis certain,» a-t-il dit, «que plusieurs des membres du CSN ne voteront plus PQ.» Mais plusieurs le feront, selon M. Larose, parce qu'ils ne veulent pas un gouvernement qui abolira le code de travail ou modifiera les droits des travailleurs ou des citoyens. «Ils ont peur de [Mike] Harris,» il a déclaré, «ils choisiront le moindre des deux maux.»

• Le guide que le gouvernement du

Québec a envoyé à tous les électeurs de la province a suscité beaucoup de critique dans la communauté anglophone dernièrement. Le guide présentent un ambiguïté sur la façon dont on doit indiquer son choix sur les bulletins de vote. La version française du guide explique qu'on doit *faire un marque dans le cercle* à coté du nom du candidat de son choix, mais la version anglaise indique plutôt de *marquer un seul cercle* sur le bulletin. Certains anglophones trouvent que cette traduction laisse ambiguë le sens du guide et pensent même que c'est un effort du gouvernement de pouvoir rejeté plus de votes. Le gouvernement a dit que la traduction a été vérifiée et approuvée par des traducteurs professionnelles, mais le président de OTIAQ, l'organisme des traducteurs au Québec, dit qu'il trouve que le guide pourrait bel et bien mené à des malentendus et se questionne sur ce que le gouvernement appelle des «traducteurs professionnelles.»



Doctorat d'honneur décerné par L'U. de S.

d'Ottawa. Soeur Charbonneau a relevé le défi de bâtir un établissement d'enseignement secondaire catholique au moment où le gouvernement ontarien établissait les écoles secondaires françaises publiques. Sous sa tutelle, le Collège est passé de 180 élèves en 1973 à 825 en 1978. Aujourd'hui le Collège compte quelque 1070 étudiantes et étudiants.

Au cours de la cérémonie, le P. Germain Lemieux, s.j., fut investi comme agrégé de l'Université pour souligner ses cinquante ans de recherche sur le patrimoine oral de la francophonie ontarienne et son tra-

vail de fondateur au département d'ethnologie et de folklore de l'Université de Sudbury. Le professeur Brian Donahue, qui s'est mérité le prix de l'Université Laurentienne d'excellence dans l'enseignement, reçut aussi une reconnaissance spéciale. Les étudiantes et étudiants primés furent aussi à l'honneur, recevant quelque 178 000\$ en bourses et d'aide financière grâce en grande partie à la générosité de la Fondation Baxter et Alma Ricard.

La cérémonie fut rehaussée par la participation musicale de la Chorale du Collège Notre-Dame sous la direction de S. Rachelle Watier.

Trop de personnes au lit! Une obsession linguistique

bonne - de rendre tout le monde confortable en rendant le matelas plus doux. Mais à notre grande surprise, il supporte mal ces plumes de plus! Et, pire encore, nous ne pouvons même pas nous mettre d'accord sur la sorte de plumes que nous voulons y mettre. Ainsi, nous éventrons le matelas à tout bout de champ afin d'en changer le rembourrage!

En France, on ne s'occupe pas de ces frivolités. Même l'Académie Française s'y oppose avec véhémence. Les Français ont opté pour le matelas original, tel quel, sans modifications, sans chatouillements, beau et confortable. Mais que savent-ils en France des matelas - ou de la langue française?!!

Et cette obsession soulève une autre question - comment

enseigner la lecture à nos enfants? Comment prononce-t-on des mots tels "étudiant(e)s", "professeur.e.s" ou autres aberrations linguistiques? Et, encore, jusqu'où allons-nous? Comme on a déjà demandé, voulons-nous vraiment appeler une femme qui oeuvre dans le domaine juridique une "maîtresse"?!!

Les amis (non pas ami.e.s), laissons notre langue tranquille! Belle, la fatigue commence à la ronger à force de l'abus que nous lui imposons. Elle commence à se plaindre et à cracher des plumes! Vraiment, est-ce que nous sommes si insécures dans notre sexualité qu'il nous faut une précision sur tous les niveaux? Fini les années '90. - enterrons l'idée d'être politiquement corrects et revenons à la réalité!!

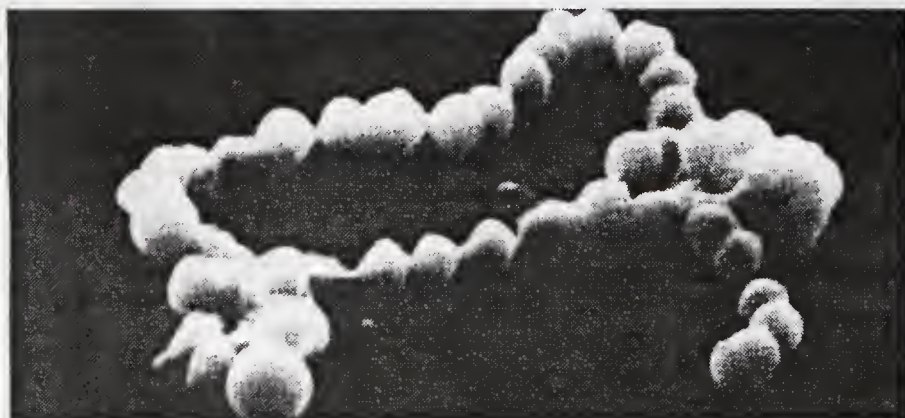
Excuse Me

by Derek Serafini

Features Co-Editor

Colds suck! For the last little while, I have been plagued by a sickness that I am having trouble shaking. People around me all seem to be a little under-the-weather as well. With the onset of winter, so too comes the beginning of the cold and flu season. So, we have decided to pay tribute to those bugs that plague us at this time of year.

This is a feature that will examine a couple of common illnesses. From a western perspective, we will examine what illnesses are and how to cure them. Also, we will look at traditional and alternative therapies as a treatment for illness. We, therefore, hope to give you a head start on preventing an illness, and for those of you who already have one, we hope this feature will give a couple of ideas about how to rid yourself of the damned bugs.



Streptococcus bacteria looks somewhat like a necklace of harmless pearls but, in fact, is a source of secondary illness including sore throat.

The Flu: Questions and Answers

What is the Flu?

The flu is a respiratory viral illness that commonly occurs in the winter. It often affects many people in a community at one time.

What are the symptoms of the flu?

The flu usually hits suddenly with a headache, dry cough, chills, body aches, and fever. Fever of 101 to 104 degrees Fahrenheit (40 C) is common. The fever usually decreases after the second or third day and then nasal congestion and sore throat may appear. The flu usually lasts about five days, although fatigue and cough may continue for a couple of weeks.

How is the flu spread?

When a person with the flu coughs or sneezes, the flu virus is expelled into the air. These virus particles are then inhaled by others and the virus gains entry to the nose, throat and lungs. Flu symptoms may develop within

one to three days of exposure to droplets.

What can be done for the flu?

There are anti-viral medications that your doctor can prescribe. These medicines, Flumadine and Anantadine, can decrease the severity and duration of the flu. However, it must be started within 48 hours of the onset of symptoms. Flumadine is taken twice a day for one week. The medications are not recommended for individuals with sensitivity to rimantadine or amantadine, or for nursing mothers. It may be used in pregnancy if potential benefit outweighs the risk to the fetus. Side effects are rare, but the most common are nausea, difficulty sleeping, dizziness, and vomiting.

What can be done to help flu sufferers feel better?

1. Drink plenty of fluids (8 ounces

per hour) such as herbal tea, water, ginger ale, fruit juice, and soup. Alcohol and beverages containing caffeine, such as coffee and tea should be avoided.

2. Rest as much as possible.

3. Increase humidity.

4. Over-the-counter medicines (decongestants, cough medicine, acetaminophen or ibuprofen - don't use Aspirin)

At what point is medical treatment needed?

For most individuals, medical treatment may be necessary if the cough becomes productive of coloured mucus, if fever lasts more than 3 days, or if wheezing or shortness of breath occurs. However, patients with heart conditions or lung conditions such as asthma or emphysema, should contact their doctor when symptoms first appear.



By analyzing photographs such as this one, it has been determined that a single sneeze blast contains over 4500 droplets that are propelled from two to twelve feet at a speed of up to 100 mph.

The Common Cold

The common cold is a general inflammation of the mucus membranes of the respiratory passages caused by a variety of viruses. Colds are highly contagious. The difficulty modern medicine has in finding a cure may lie in the fact that there are so many different types of viruses that cause colds. In addition, each new generation of viruses changes slightly in its chemical make-up and it appears that new viruses are becoming stronger and stronger every year.

At the start of a cold, the body's immune system produces a chemical called an antibody, which attacks the virus, thus preventing harm to healthy cells. For the body to effectively fight a virus, an antibody that exactly matches the virus must be produced. There are a number of immune processes that take place after an infection which allow the virus to be recognized and appropriate antibodies produced. It is a process which effectively decodes the structure of the virus and makes a template of the virus so as to better prepare the immune system against future invasion.

There have been considerable studies undertaken to determine a solution to the common cold. How-

ever, the "specific" nature of the immune system does not allow a "general" cure to be produced. At this time, medical science concedes that the only effective solution to reduce the chance of catching a cold is for each of us to maintain a strong immune system. While medical experts are reluctant to recommend a nutritional approach to prevention and cure, there is an overwhelming body of evidence that suggests nonspecific micronutrients which support immunity are, in fact, our best line of defence.

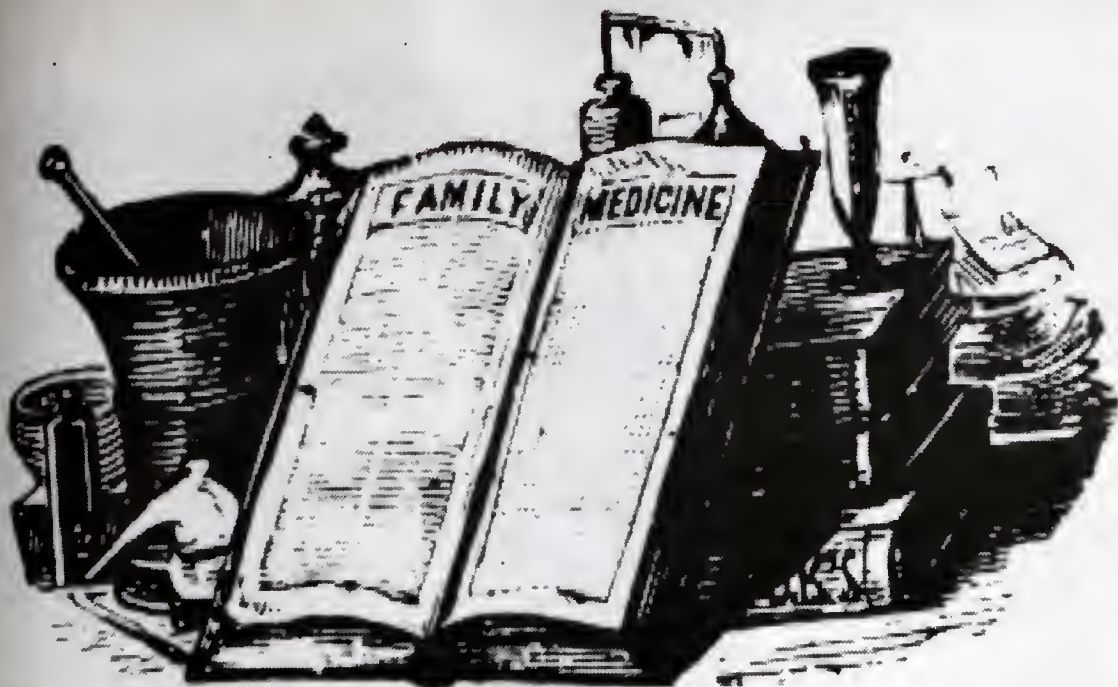
Many studies have been conducted on vitamin C, and it is thought that this vitamin, taken regularly as a supplement, will both reduce the incidence and severity of the pending cold. Vitamin E, betacarotene, and Zinc are also immune-building nutrients. Unsaturated fatty acids support immunity and vitamin B6 helps in the production of antibodies that defend the body against infection. Vitamin A is used to maintain the health of the mucus membrane of the respiratory passages. There are also a number of herbs which have demonstrated a positive affect on the immune system. These are: Echinacea, Ginger, Slippery Elm, and Ginseng.

A store clerk at the Shopper's Drug Mat at Paris and Regent examines the array of cough medicines available. Old, familiar names still predominate.



Flu Facts

- Influenza and pneumococcal pneumonia (the most common complication of influenza) together are the fifth leading cause of death in North America.
- As many as 25,000 North Americans die each year from flu-related illness.
- Influenza can lead to worsening of chronic heart and lung disease, bacterial or viral pneumonia, hospitalizations, or death, especially among the elderly.
- Influenza vaccine can prevent 50 percent to 60 percent of hospitalizations and 80 percent of deaths from influenza-related complications among the elderly.
- Since influenza viruses change from year to year, an annual influenza shot is necessary for people in high-risk groups.
- Influenza vaccine will not protect you from other forms of respiratory infection, such as colds and bronchitis.
- The annual direct medical costs of influenza are estimated at up to \$4.6 billion. Total direct and indirect costs of a severe flu epidemic are at least \$12 billion.
- In 1968-69, the Hong Kong flu led to 34,000 deaths in the United States; the 1918 Spanish flu outbreak killed more than 500,000 people in the United States and over 20 million worldwide.
- Influenza can be prevented with a safe, effective vaccine.



Backyard Cures!

by Karen Thistle
Features Co-Editor

While there is no known cure for the common cold, there are those who believe the answers lie in your own backyard. Herbal remedies to prevent and cure colds have been used for centuries. Today Herbal medicine is growing in North America and many are turning to alternative forms of medication to ease the symptoms of colds and their duration. While the following herbal remedies are only some of the many possibilities, remember they should be treated with the same respect as prescription medications. Before taking new forms of herbal medications, it is a good idea to consult with a doctor first. For many of these herbal remedies, it is a matter of moderation.

Teas are often recommended to get rid of colds and relieve sinus and chest congestion. Ginger tea (made from the fresh ginger root) has been a long time favourite of many. Ephedra, from a broom-like shrub native to China, can be found in some herbal teas like the American version of Mormon tea. Ephedra is an effective decongestant. Aromatic oil of the mint plant is believed to be an all-around cold fighter.

Peppermint tea consumed at the first sign of a cold or flu may not prevent it, however it will alleviate some of the symptoms of a viral infection like a cough or fever.

Mullein tea, made with mullein flowers, provides throat-

soothing mucilage. Watercress tea can be used to treat cold-related runny nose and cough. Honey and lemon teas not only taste good but may soothe a sore throat.

Echinacea, also known as coneflower, is used in the belief that it strengthens the immune system against cold viruses and many other germs as well. Echinacea tea, while good for helping to fight a cold, has one strange side effect: it makes the tongue numb or tingly, this reaction is considered harmless.

Ephedra, also known as ma huang or Chinese ephedra, is a powerful decongestant. It contains both chemical ephedrine and pseudoephedrine that open up the bronchial passages. Pseudoephedrine works so well it is used in many over-the-counter medications and inspired the known brand name Sudafed. Before taking ephedra in any other form than the prescription drugs talk to your doctor because this plant is a powerful stimulant that can raise blood pressure, cause insomnia, and jitters.

Eucalyptus, used in the form of aromatic oils, can help to relieve mucous congestion. It can be used with steam to relieve coughs and is a component of some cough drops and cough suppressants. However, there are warnings against using Eucalyptus for children.

Allicin, the active ingredient in Garlic, has anti-viral properties and are believed to act as an expectorant when consumed in a tea

or used in a gargling solution. This herb's aromatic compounds are readily released from the lungs and respiratory tract, putting the active ingredients right where they are needed to be most effective. Onion, a close relative to garlic, contains many of the same anti-viral chemicals, so you may want to use more onions in cooking whenever you have a cold.

Licorice contains anti-viral compounds that induce the release of interferon, our body's own anti-viral. The sweet taste of licorice can also offset the bitterness of several other cold herbs and therefore is used in combination with them.

Vitamin C has been proven to help relieve symptoms of colds by working in the body as a scavenger picking up trash, including viral trash. Vitamin C may also cut back on coughing, sneezing, and other symptoms. While you may supplement your diet with Vitamin C pills, others prefer to increase their intake by drinking liquids such as orange juice or eating fruits like cantaloupe, pineapple and citrus.

Zinc in lozenges have mixed reviews; some believe that it is helpful while others see no effect. Those who believe in the helpfulness of Zinc say that sucking slowly on a zinc lozenge coats the throat with zinc and stops reproduction of the cold viruses. However, the lozenges may taste bad and too much zinc in your system can cause nausea and raise cholesterol levels.

They Did What?

may not keep you from going to the doctor, it may help prevent you from getting colds. Slippery elm has been a medical mainstay in North America for more than 150 years and is still used today as a safe and effective throat and respiratory soother.

Some believe that drinking raw sauerkraut juice once a day will ensure that you avoid getting the flu. Another old remedy recommends steeping raw onion slices overnight in honey, then taking the resulting mixture at intervals like cough syrup. Another version of this includes taking half an onion, sliced, and alternate the layers with sugar on a plate. Place a cover over the bowl and leave it overnight. The next morning pour out the juice and take it. The juice is

believed to be an excellent cough syrup!

Other cultures have tried bloodletting, where veins have been cut and blood is allowed to flow or it is sucked out through gourds or by leeches. The idea behind this is that the drawn blood drains disease from the body.

A Greek patient with respiratory ailments would submit to dry cupping. This is where two glass cups are heated and set on the skin of a person's back. Each cup raises a dome of skin as the heated air inside the cup cools and contracts. The cups are then removed, re-heated and reset. The idea behind this is that blood is drawn to the skin, away from a diseased organ.

Alternative Forms of Medication

by Karen Thistle
Features Co-Editor

If prescription drugs and herbal medications are no longer appeasing your colds and flus, there are some alternatives to think about.

Through imagery, putting yourself in a relaxed, meditative state, people believe you can use your imagination to picture your strong and powerful immune system attacking those feeble cold and flu viruses. This takes some practice, but studies show that for most people this helps to keep cold symptoms under control.

Hydrotherapy, like hot baths and drinking plenty of water, are considered two of the best water treatments for a cold. There are two forms that can be used: one is to take a really warm bath for about 15 minutes and then get into a pre-warmed bed to sleep for an hour or so. An alternative method is to boil some water, place it in a bowl, and then wrap a towel around your head to steam your face in order to breathe in the warm air. Adding essential oils can help to open up air passages.

Reflexology is performed by a professional reflexologist, who can work with points in feet or head to help stimulate the immune system. A Yoga technique that has also been suggested is *neti*, where a person fills a cup with water and adds a teaspoon of salt. Tilting the head back and to the left, they pour the water up the right nostril and let come out the left. They repeat the process pouring first in the left nostril then the right. If the passage is blocked, the water that goes down the throat can be spit out the mouth.

Going to bed early helps the body get the rest it needs - this means cutting out the partying until you feel better. Not resting causes the body to wear out and leaves colds and flus lingering or becoming more serious forms of illness like bronchitis. Smoking can aggravate a throat that may be already irritated from a cold.

Acupuncture is used to create balance in the body. Points are used to stimulate the body and this helps to boost the immune system. Another form of acupuncture has the acupuncturist placing a smoldering moxa stick about an inch and a half above the marked acupuncture point in the skin until it turns pink. Moxa sticks are a roll of powdered wormwood wrapped in rice paper. The process can be further elaborated by placing the moxa on a slice of ginger over the acupuncture spot and removing it before it burns through the ginger.



Downtown's Durham Natural Foods, like most health food stores, keeps a good stock of herbal remedies.

by Karen Thistle
Features Co-Editor

Many people rely on some of the traditional remedies taught to them by their parents and their parents before them. While colds and flus have survived the ages, here are some of the possible remedies that may not outlast colds and flus.

While moving to the North Pole for the winter is a possibility (none of the standard flu and flu-causing micro-organisms can survive), here are a few other extreme alternatives.

An apple a day ... studies show that this may be true. While it

Dr. Chase's Home Remedies

Long before the advent of modern medical science, people had to rely on remedies passed down to them from their ancestors. In the early 1900's Dr. Chase, an imminent physician, published a book, **Dr. Chase's Combination Receipt Book**, which embraced "the choicest, most valuable, and entirely new advances...in modern medicine." Many of the ingredients sound strange, but most can be acquired at a health-food store. Here are some excerpts from his book (for entertainment purposes only!):

For Asthma, take the following mixture:
1 drachm Ipecac, powdered (or the crushed root)
1/2 drachm Bloodroot, powdered (or the crushed root)
2 drachms Lobelia Seeds (or the crushed leaves)

For Baldness, mix the following and apply to the scalp:
2 ounces Alcohol
1 1/2 drachms Water of Ammonia
1 drachm Glycerine
1 drachm Salts of Tartar
8 grains Castile Soap, powdered
5 ounces Water

For Coughs due to cold, mix the following and take one teaspoonful every 2 or 3 hours:
1 ounce Fluid Extract of Ipecac
1/4 ounce Chloroform
4 ounces Tincture of White Pine
14 ounces Water
28 ounces Sugar
1/2 ounce Tincture of Gelsemium

For Headache, mix the following and divide into 30 powders and take 1 powder every 2 hours:
1 ounce Acetanilid
15 grains Citrate Caffiene
1 drachm Bicarbonate Soda
1/4 grain Sulphate Strychnine
Cocoa to taste.

For Hiccoughs, try:
- a Camphor sling or Peppermint sling. Sometimes soda water is effective.
- lemon juice mixed with sugar
- drinks of hot water, mixed with Ginger, Mustard, or Soda stirred into it

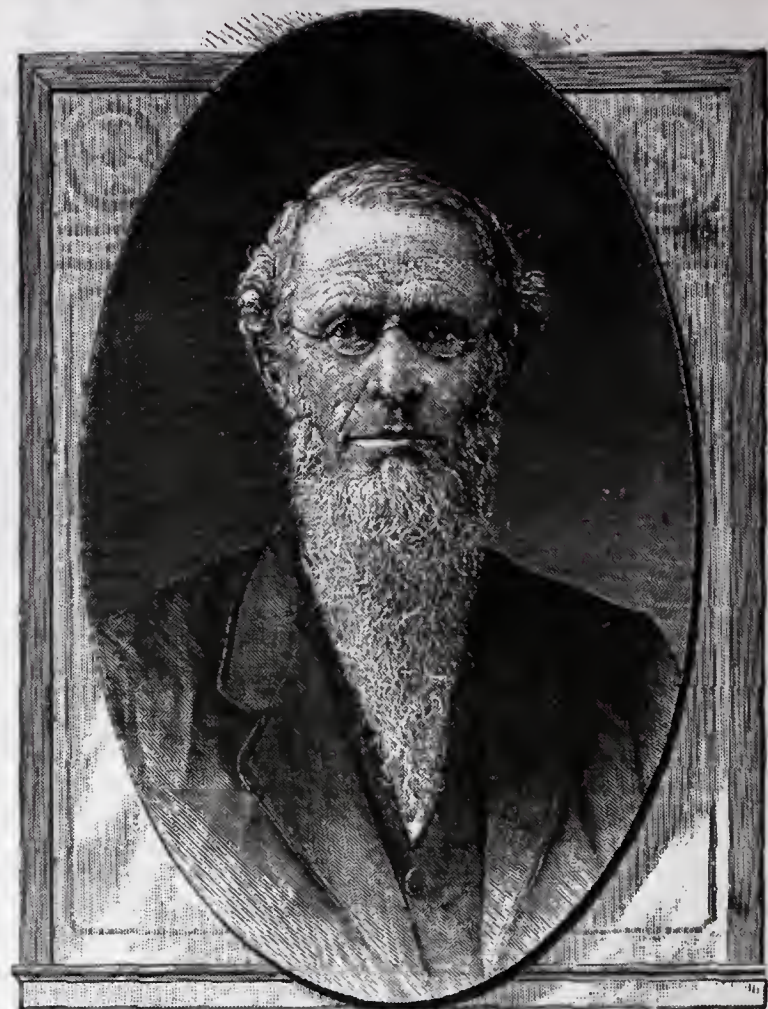
For Insomnia, mix the following and take at bedtime:
1 drachm Trionol
1 drachm Sulphonol
mix into 12 parts and take 1 part at bedtime.

For Acne, mix and drink the following:
1 pint Hard Cider
pea-sized amount Alum
apply every night before bed

For Sleepwalking, mix the following:
1/2 ounce Bromide of Soda
2 drachms Chloral
1 ounce Glycerine
4 ounces Simple Elixer
take 1 teaspoon each hour for 3 hours before going to bed

For Indigestion, mix the following:
2 drachms Scale Pepsin (1 to 3000)
1/2 drachm Hydrochloric Acid (pure)
2 drachms Fowler's Solution
3 drachms Lloyd's Hydrastus
2 ounces Glycerine
4 ounces Simple Elixer
after each meal, take one teaspoonful

For Sore Throat, mix the following:
1/2 pint Sage tea (very strong)
2 tablespoons Strained Honey
2 tablespoons Common Salt
2 tablespoons Strong vinegar
gargle the mixture 4 to 12 times a day, depending on the severity of the case.



Dr. Chase Speaks to LU Students

For Excess Alcohol Consumption, cause vomiting by large draughts of warm water and by tickling the throat, or by emetics; pour cold water on the back of the head and neck; keep up motion; irritate the skin by brisk rubbing; give strong coffee.

Dr. Chase Speaks to LU Students

Egg Nog for the Sick, Beat the yolk of one egg with one table-spoonful of pulverized sugar to the consistency of cream; grate in a little nutmeg; add one large table-spoonful of brandy and two of Madeira wine. Beat the white of the egg to a stiff froth, and mix in with one cup of nice sweet milk.



Some medicines you may recognize from your grandmother's cabinet.



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Sasparilla



Wild Carrot



Mustard



Lambda

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Sports

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Basketball Vees Upset Gaiters

by Ryan Hanna
Sports Editor

The Basketball Vees defeated the defending CIAU Champion Bishop's Gaiters 74-55 at LU on Saturday. Bishop's was ranked number two by the CIAU before the contest.

Neither team could score in the first two minutes of play, but Ted Donglemans opened up the scoring on a pass from Dwayne Burton. The early marker forced Coach Eddie Pomykaia to call an early time-out to regroup his team.

Bishop's tied up the game after Kris Ruiter was fouled by Roan Biggs on the next play. Bishop's scored again thirty seconds later, after Patrice Lemieux recovered the ball for the Gaiters. The Vees answered back when Donglemans was fouled by Robert Burns a minute later.

Bishop's scored the next three consecutive baskets, putting them up on the Vees. The Vees then went on a 9-0 run over the Gaiters, highlighted by a three pointer by Joey Turco. The three put the Vees ahead by a point, but the run was soon broken by

Lemieux.

Chris Johnson was injured on the following play, but things started looking up for the Vees when Bishop's lost the ball on a shot clock violation. The Gaiters recovered the ball, and Joel Sherbino scored a basket that put them ahead by one. Kevin "Flash" Gordon found Clifton Edwards on the next play, and Edwards scored an LU field goal. This basket put the Vees back in the lead.

The lead changed hands eight times in the next four minutes, and it looked like neither team would be able to pull ahead. The Vees pulled off a 11-4 run to take them in to the final two minutes of the half. The run got started when Patrick Brandt scored a three pointer. He picked up a total of five points on the run, and the Vees were up by four.

Donglemans scored seven more points for the Vees in the final two minutes of the half, five of them on fouls shots. Bishop's scored a three pointer with a minute left, when Lemieux took a shot after a pass by

Darin Newton. Ryan Thorne scored the other basket for Bishop's with less than a second left on the clock. The score was 41-35 at half-time, and Donglemans had already scored twenty-four points for LU.

Bishop's opened up the scoring in the second half with a Lemieux dunk. The "Flash" responded by making a nice turn-around jump shot on the next play. Lemieux passed the ball to Sherbino right after that, and the Gaiters added another three point shot to their repertoire. The Vees then went on a 7-2 run, capped off by a three pointer by Edwards. Bishop's could have broken the run early, but their next basket was waved off because Sherbino charged Donglemans before the shot. Bishop's immediately called another time-out.

LU added seven more points to the run on the next three plays, including another three pointer by Edwards. Both Biggs and Donglemans dunked the ball on the next two possessions, and the run was now 14-2. This forced Bishop's to use up another time-out.

Ruiter scored for Bishop's after the stoppage, but the "Flash" put down a three right after that. Samuel Rogers scored again for Bishop's, but it was too little, too late.

LU was on the run again, this time going 14-2 against the Gaiters. Donglemans picked up eight points for the Vees, while Brandt, Edwards, and Gordon had two apiece. David Suzuki scored two more for Bishop's with a minute and a half left in the game. Matt Hehn tried a three point shot for the visitors as time was running out, but it was not to be. Ted Donglemans led the Vees in scoring with a career high thirty-six points. He was once again the LU Player of the Game. Clifton Edwards added twelve points for Laurentian, and Kevin "Flash" Gordon had nine on the night.

The leading scorer for Bishop's was Patrice Lemieux with seventeen points.

After the game, Coach Peter Campbell said: "Ideally, we wanted to come out 2-0 to be where we want at the end of the season. It was

important that we did what we had to do. We needed to steal a game against Bishop's here."

"We need to go 10-0 at home to meet our goals. We need more fans and pot bangers. Tonight's crowd was good because it was loud, but it can get a lot louder", said Campbell.

When he was asked about the career high for Donglemans, the coach responded: "I wouldn't have guessed it. He only took twenty shots or so. He's such a good passer and a team player, it's tough to notice. There were a lot of guys who played well. I was proud of Cliff and Kevin because they were also a big factor. They're our big perimeter players. Roan, Brandt, and Caruso also contributed well."

The Basketball Vees are in action at York on Saturday. There will be a fan bus leaving LU at 9am from BF Avery Gym. There are some tickets left for sale, but they will sell out by noon Friday. Come on out, and buy your tickets early or you will be left in Sudbury.

Lady Vees Trounce Bishop's

by Ryan Hanna
Sports Editor

The Lady Vees Basketball Team capped their regular season home opener by defeating Bishop's 83-62 on Saturday night, holding on to 45-35 lead at half-time.

Stephanie Harrison led the Lady Vees to victory, scoring twenty-four points in the lopsided affair. She was named LU Player of the Game

for her efforts. Shauna Conway and Karen Vos rounded out the high scorers from Laurentian, with fourteen and ten points respectively.

The high scorer for the Gaiters was Michelle Huneault with thirteen points.

Harrison was "feeling great" after the win on Sunday. "Bishop's was a tough team. They're ranked ninth in the country, and always play tough against us. We deserve the

win, because we played with our hearts on the floor all weekend. You blow leads when you play hard for twenty minutes, and let up for ten. Today we played forty solid minutes, and that can be hard to put together", Harrison said.

"Our defensive rebounding still needs some work, but we were good offensively. We got even better in the second half. We play an inside-outside style of game, and that works

well. We got some good threes in the second half", said Harrison.

After the game, it was difficult to avoid noticing the pleasure that Coach John Campbell took in the weekend victories. He was eager to compliment the Lady Vees, saying: "We played some good minutes again this week. It is important that we pick up these home wins, because that gives us the momentum to go to Laval and Bishop's strong. That will put us

in a good position to come up ahead."

"We're going to York next weekend, and with the wins, we should be able to come back to Laurentian 3-0", said Campbell.

The Lady Vees are in action again this weekend as they travel to York. Come on out and jump on the fan bus. The cost of the tickets is twenty-five dollars, and there will be a free t-shirt and special "bus treats" supplied for the fans.

Basketball Vees Win Opener

by Ryan Hanna
Sports Editor

The Basketball Vees won their regular season opener against the Laval Rouge et Or on Friday, crushing the visitors 81-59.

The Vees took an early 6-0 lead, with Dwayne Burton opening up the scoring for the Vees. Roan Biggs added the second LU tally, on a pass from Kevin "Flash" Gordon. Ted Donglemans scored the third basket for Laurentian on a shot inside the three point line.

Laval answered the Vees by going on an 11-0 run that began with a three pointer by Pascal Morin. Yuan Jomphie scored another basket for the visitors on a lay up after the next play. Morin scored again, this time on a pass from Jomphie. Marc-Oliver Bessette scored at the five minute mark, on an inside pass from Yann Roy. Bessette scored again, this time after intercepting a pass by Joey Turco. Laval was on a roll, and tried hard to maintain their lead as the game went on.

Things started to look up for Laurentian as Biggs took a shot after

a pass by Turco. The ball went through the net, but was waved off due to a shot clock violation. The Vees got the ball back, and Patrick Brandt passed it off to Donglemans. Donglemans found Turco at the post, and he drained a three pointer.

Laurentian and Laval went shot for shot during the ensuing minute and a half, and Turco set up the "Flash" for another Laurentian three. Richard Lepine was fouled by Brandt, and scored a single at the line. This put the Vees within two points of Laval, and the Vees made good on the following play, when Turco found Chris Caruso for a deuce.

With the game tied, Caruso added another two on the next play, putting LU ahead. Turco added another point at the line after he was fouled by Lepine. Burton was then fouled by David Kirouac-Dumont, and he came away perfect. The Vees were up by five, but Laval would tie it up again after two by Maxime Jolivet-St. Louis, and a three by Morin.

Burton broke the tie with a lay up, and David Dumas tied it back up with a basket of his own. Chris

Johnson put the Vees on top with a three pointer almost a minute later. Gordon was fouled by David Brownrigg on the next play, and he came away with two from the foul line.

Laval rallied late in the half, and with three minutes left they tied the game after a basket by Jomphie. He had the opportunity to turn the exchange into a three pointer, as he was fouled by Turco, but he missed the shot. Donglemans scored the last two baskets of the half, putting the Vees up by four at half-time.

Laurentian opened up the second half with a 10-2 run that was highlighted by two three point plays. The first was an open three point shot by Clifton Edwards, which he put away easily. The other play was put together by Donglemans. He was fouled by Brownrigg while shooting from the right side of the key, and he put away the extra single.

The Vees recovered the ball after the run and took a shot. Bessette got hold of the rebound, and took it all the way down the court for a Rouge et Or lay up. Burton answered back for the Vees by putting away a

shot after a Donglemans pass. Francois Caussignac then scored back to back baskets, recovering the ball after his first tally. Edwards scored on a three pointer right after that, giving the Vees another shot of momentum.

The Vees and Laval went shot for shot in the next six minutes, but Gordon and Donglemans put together some showmanship for the fans late in the exchange. Gordon put the ball on the rim after a lay up, and Donglemans slammed it through the hoop. This was the second play in a 11-0 run that forced a Laval time-out. Edwards picked up four points during the run, while Donglemans had three.

In the final three minutes of the game, the Vees outpaced the Rouge et Or by a single basket, picking up eleven points to the visitors' nine. Rob Annecchini picked up five points for LU, and Turco added three. Sean Ludwig scored the final two points of the event, picking up both shots after a foul by Lepine.

Ted Donglemans led the Vees with twenty-two points, and he was named LU Player of the Game for the

season debut. Clifton Edwards was another high scorer, adding sixteen personal points.

Marc-Oliver Bessette was the leading scorer for Laval, making good for thirteen points.

After the game, Donglemans shared his thoughts about the game: "We were a little tentative at fist, especially because this is our first league game. We didn't have as good a week in practice as we would have liked. In the second, we were more confident. We looked good, but there was still some pressure that we didn't handle. We still need to gel, but I know we will. This is a young team, but everyone gets along and plays hard."

Donglemans gave a preview of Saturday's game against Bishop's. "We have to come out relaxed, and just work hard. This will give us our confidence. Bishop's is ranked number two [in the CIAU], and they will come out confident. The nucleus of their team is still intact, with the exception of one or two key guys. We have seen the main core of the team before, so that will help us," said Donglemans.

Cross-Country Vees End Their Season at the CIAU Championship

by Ryan Hanna
Sports Editor

The Men's Cross-Country Team went to Waterloo to represent Laurentian at the CIAU Championships. The Vees placed fourteenth in a field of eighteen teams from across the nation.

The winning team was the Windsor Lancers, with an aggregate score of eighty-five points. The Guelph Gryphons placed second with ninety-eight points, while Victoria came in third with 114 points. UBC and Queen's rounded out the top five with 116 and 151 points, respectively.

The individual winner of the ten kilometre race was Jeremy Deere

of the University of Calgary Dinosaurs. The top runner from the OUA was Mark Kiteley who placed fifth overall in the event. Kiteley finished third at the OUA Championship in Windsor. Steve Bendo, who won the OUA Individual Championship, placed thirteenth in Waterloo. There were 133 runners in the field.

The Cross-Country Vees, in spite of an overall performance that was below their expectations, were highlighted by some good individual performances. Ryan Bradshaw, a runner from LU, placed first among OUA rookies, defeating Toronto rookie Trevor Caldwell by eleven seconds. The finish was good for an overall result of forty-eighth for

Bradshaw.

When asked about his race, Bradshaw commented: "I was concentrating on the team during the race. I just tried to run as well as I could. After the race, the other top rookies congratulated me. There were three others that came in after me, and we have been close in all the races this season."

Bradshaw offered his thoughts about what the next season will hold for the men's team. "Windsor will be a powerhouse team next year, and we're also looking at Guelph, but we can only get better. We'll all have more experience, and we're not losing anyone. Most of us will be running for the track team, and Aaron

Prieur was eighth in Canada for the eight hundred last season."

Pat Hillman led the Vees at Waterloo, placing forty third. John Thompson placed seventy-fifth at the Championship meet, and he also had some things to say.

"It was a fast race, with a deep field. More than half of the runners finished in less than thirty-five minutes. I was pleased with my personal performance, because the course was more difficult than others this season, but I was not slower proportionally. I gave it all I could give, so I'm pleased with that. If I had a bit of a kick, I would've done better. I got passed in the last two hundred metres, and if that didn't happen, I would

have placed about six positions higher", said Thompson.

Thompson added, "We're looking forward to next year. It will be very positive. We've got a solid core, and we're looking at some good recruits. There are a couple guys that took the year off, and might come back to cross-country."

Rounding out the Vees were Jayson Bowerman in ninety-sixth, Aaron Prieur in 115th, Rhys Lucas in 125th, and Greg Broadworth closed off the race in 133rd position.

With the season complete, many of the runners will now switch their focus to Indoor Track. Good Luck this year, and in the next season of cross-country.

Lady Vees Defeat Laval

by Ryan Hanna
Sports Editor

The Lady Vees opened up a 36-22 lead at half-time and went on to defeat Laval 75-57 in their regular season opener at Ben Avery Gym on Friday.

Laurentian dominated the court in the first half, but after the break, the *Rouge et Or* came out with six quick points in two minutes, interrupted only by an early basket by the Lady Vees. In the third minute, Shauna Conway added a three pointer after a pass from Karen Vos. After a rebound in the Laval end, the Lady Vees brought the ball back to their side of the court. Conway passed to Stephanie Harrison who added two more points for LU.

Laval scored on the return play, with Isabelle Chaperon taking the ball at the post. She passed the ball off to Emmanuelle Migneault, who set up Julie Dionne. Dionne dropped the first three pointer for Laval in the second half.

Conway was fouled on the next play by Dionne, and she came away from the line perfect. Dionne got another basket right after that, when Migneault intercepted a Laurentian pass. She then gave Dionne the ball, and she drained it.

Vos put the ball back into play

for LU after the Laval basket, setting up Conway for another field goal. Chaperon was fouled by Gillian Eccles on the return play and came away with two from the line. Isabelle Grenier recovered the ball for the *Rouge et Or* in their end and passed off to Valerie Pellerin. She hit Chaperon at the post, and she put the ball in for another Laval score.

Tammy Kenzie gave the ball to Stephanie Desutter on the LU drive, and she put the ball through the hoop. Desutter then fouled Nancy Boucher on the next play, giving Laval another two singles. The Conway-Harrison connection scored again on the ensuing play, ending with a nice jump shot. Chaperon scored again for Laval on the following play, this time receiving the ball from Grenier.

The Lady Vees went on a 9-2 run over Laval in the later part of the second half. The run was highlighted by a nice rebound by Nicole Walker after a shot by Tanya Tatti. The run was broken by Grenier when she drove the ball to the net after a foul shot by Vos.

Laval scored again on the next play when Valerie Samson was fouled by Harrison. She made the single, and the LU got the ball back. The ball was stolen by Laval, and Julie Cantin ended up with it. She took the ball inside for another field

goal.

Tatti was fouled by Cantin on the next play, scoring one of two from the line. Clare Beatty got the ball back for Laurentian and put away another two points. Chaperon took the ball for the *Rouge et Or*, and was fouled by Tatti on the play. The foul was called for contact on Chaperon, but it appeared as though she had charged Tatti. Chaperon came away with two more from the line.

The Lady Vees finished the last three minutes of the game on a 12-2 run, highlighted by four points from Harrison, on passes by Conway and Vos. Both Laval scores came on single foul shots by Grenier and Marie-Helen Lafleche. In the end, the only thing that stopped the run was the clock, winding down after a score by Beatty.

Stephanie Harrison led the Lady Vees, scoring twenty-two points on the evening. She was named LU Player of the Game for her contribution to the team. Stephanie Desutter and Shauna Conway both added fourteen points during the game, and Clare Beatty had twelve.

Isabelle Chaperon had seventeen points on the night, leading the scoring for the Laval *Rouge et Or*.

The Lady Vees went on to take on the Bishop's Gaiters at home on Saturday.



Stephanie Harrison goes up for two

Grey Cup Follies

by Ryan Hanna
Sports Editor

Well, it feels a little weird writing this article. It's almost as if the football gods have turned against me. Everything which was once right in the world has been turned asunder.

In the Eastern final, Montreal's offense got rolling way too late to pull it off. Their defence kept them in the game until the third quarter, and they started to put some points up. Their last two drives were awesome. When Ham hit Cody for the touchdown that put them ahead, I thought that Ron Lancaster and the Ti-Cats would crumble like a house of cards. I have to give Ronnie and Paul Osbaldiston some credit, because the situation was the same as last year's Western Final. This time he had a kicker who could pull it off.

In the West, the Eskies played too poorly on offense, and all ten points came off the foot of Sean Fleming. The Stamps were outstanding on both sides of the ball, and their defence shut down David Archer. Willie Pless, Melvin Hunter, and Bennie Goods played well for the Eskies, but their defensive secondary could not stop the passing attack of

Jeff Garcia. All in all, Calgary deserved to beat Edmonton because they played like a team who had a realistic respect for their opponent, and would prove it out on the field. The Eskies were way too keyed-up from their upset of BC the week before.

Now, to the eighty-sixth running of the Grey Cup in Winnipeg. Calgary steamrolled Edmonton by passing in the flats, and in deep zones. Hamilton has good pass defence, and proved it last week by shutting down Montreal's pass attack until late in the third quarter. One of the Ti-Cats touchdowns was added by their safety on an interception. This leads me to believe that the game will be close, with both teams having to revert to a running offense.

If this is the case, I have to favour the Stampeders. While both McManus and Garcia are quick in the pocket on the pass, Calgary's running game is superior. Their backfield has more depth, and the Ti-Cats front four on defense are not as capable as Alondra Johnson and the like. Both teams split on wins at home during the season, but the neutral site and the nasty Prairie weather will put the much maligned Stampeders ahead.

Hockey Vees get Revenge on Yeomen

by Ryan Hanna
Sports Editor

The Hockey Vees got on a roll Saturday, battling back from a 5-2 handicap in the third period, to defeat the York Yeomen 6-5. The victory gave Laurentian a much needed win in Men's Hockey.

Keith Welsh led the Vees with two goals and an assist, and was named LU Player of the Game for his performance. Blair Sherrit had two goals of his own, while Robbie Jones had a single marker and two assists. Darren Schmidt was responsible for the other Voyageur tally.

The win puts the Hockey Vees at 1-4-2 on the season. They try to keep the drive alive when they play the Queen's Golden Gaels in Kingston on Saturday, November 21st. Good luck, and try to keep rolling.

Volleyball Vees Butt Heads With Rams; Lose to Yeomen

by Ryan Hanna
Sports Editor

The Volleyball Vees slaughtered the Ryerson Rams in Toronto Friday, defeating them in straight sets. The 3-0 win came with match scores of 15-10, 15-2, and 15-10.

Alain Arseneau led the Vees with seventeen kills, six digs, and an ace on a serve. Serge Lesperance chipped in for twelve kills, five digs, three blocks, two assists, and an ace on a serve. The defeat of Ryerson marked the first regular season win for the Volleyball Vees.

On Saturday, the Vees took on the Yeomen at York. It was a hard fought match that left Laurentian on the wrong end of a 3-1 result. 17-15, 9-15, 15-13 and 15-5 were the match scores.

Liam Mucklow was the LU Player of the Game with four blocks, and three aces on serves. Alain Arseneau played well for the Vees again, totaling twenty-two kills and three aces. John Hogg added nineteen kills, while Serge Lesperance had thirteen kills and five blocks.

The Volleyball Vees go into action against the hosting Guelph Gryphons on Friday, November 20th. Good luck, and try to get some more aces.

Falcons Win Battle for Supremacy in NFC West

by Christian Mellin
Staff Writer

I must say that I was highly disappointed by the play of the 49ers on Sunday. They made numerous costly mistakes, including a dropped ball in the end zone by . . . Jerry Rice?! After this week the gap between these two teams is likely to widen. San Fran will be in tough against New Orleans; whereas Atlanta should have a relatively easy game against the injury riddled Chicago Bears. The game to watch this weekend is Minnesota against Green Bay. My overall record stands at 53 - 27 and my winning percentage is .663.

Green Bay at Minnesota

It's not that Green Bay has been a horrible team this season, it's just that they seem so mortal. They have been nearly perfect the last few seasons so to see them falter as much as they have is hard to watch. Minnesota on the other hand is a great team to watch. With all the offensive weapons they have it's hard to pick against them. Green Bay has a pitiful running game, which places too much pressure on Favre. He cannot win by himself; winning requires a total team effort.

Detroit at Tampa Bay

Even though they lost the game, Tampa played well on Sunday against Jacksonville. If it weren't for one big play by Jaguars' rookie Fred Taylor, the Bucs would have come out victorious. As far as Detroit goes, I know I said that they were a team on the rise, but now I am starting to think that they need to put a few more wins on the board before they deserve that recognition. Tampa will win in a very close game.

Philadelphia at NY Giants

Philly scored just three points last Sunday, and they looked God-awful. I predict that by this time next year Eagles coach Ray Rhodes will be the water boy for a last place semi-pro arena football team. NY is all but eliminated from the play-off picture, so they will be playing for pride.

Jacksonville at Pittsburgh

My question is; which Pittsburgh team is going to show up to this game? Will it be the over powering juggernaut that demolished the defending NFC champs Green Bay, or will it be the mistake prone team that lost to Tennessee last Sunday. In order to even have a chance in this game the Steelers have to play like they did two weeks ago. Meanwhile the Jags just keep on winning, and hopefully after this game they will lead their division by 3 games.

Seattle at Dallas

Troy Aikman and the rest of the injury plagued Cowboys are still feeling each other out at this point. They will take some time to really start to click as a team. They are still playing good enough to win and lead their division by two games over Arizona. Seattle has really suffered because of the drop in their passing production. They desperately need a win, but will be hard pressed to get one in Dallas.

Indianapolis at Buffalo

You have just got to wonder just what kind of record the Bills would have had if Flutie had started from the very beginning of the year. Since he took over Buffalo has gone 6 - 1, and has

been one of the league's top teams. I know I must be driving everybody nuts by talking about the Bills so much. My only response to that is . . . if you don't like it then write your own damn column - so there!!! Anyways, Bills by a touchdown or so.

Chicago at Atlanta

Atlanta has really surprised a lot of people this season, including me. I was even more surprised to learn that the Atlanta has one of the top three records in the last 17 overall games (including the second half of last season). Chicago doesn't have a chance. This is the lock of the week!

Arizona at Washington

Washington has actually played well in their last two games. They smoked Philly last Sunday and looked pretty good against Tennessee the week before. If they can beat Arizona I promise I will no longer think of them as the Washington Fairy Princesses. I really hope I don't regret picking the Redskins, . . . but what the hay . . . you only live once!

Carolina at St. Louis

Games like this one make the hardest picks. How does one decide when two teams are so horribly bad that either one could beat themselves, let alone be defeated by an opponent? I pick St. Louis simply because they have scored more points and have home field advantage.

Oakland at Denver

Can anybody bring down the Broncos? The answer is yes, and it will happen this Sunday at the hands of the Oakland Raiders. I may be pushing my luck by picking the Raiders this week, but I consider it to be a very gutsy call on my part.

Kansas City at San Diego

What the hell happened to the Chiefs? They won the division last year for crying out loud. That fact has been all but erased because of their horrid play so far this season. San Diego is coming off a huge victory and has the home field advantage in their favor. Chargers will win in a close low scoring game.

NY Jets at Tennessee

Both of these teams have a record of 6-4 and they match up closely on both offense and defence. I really hope this game is on TV because it will be a close one. I give a slight advantage to Tennessee because they are coming off a huge victory over division rival Pittsburgh and they are playing at home.

Baltimore at Cincinnati

Another classic match-up . . . Oh who am I kidding. If there is anyone out there that gives a Flying %%%&\$\$ about this game, I would be truly surprised.

New Orleans at San Francisco

San Fran needs a win in this game. New Orleans is in a good position to surpass them if they don't kick their ass this Sunday. New Orleans knows that this game will make or break their season, and they may be able to take advantage of the 49ers situation. I think that the 49ers will rebound and pull out the win.

Miami at New England

In this all AFC east match-up the definite advantage goes to The Dolphins. They have a better overall record and as we have seen New England is vulnerable at home. I look for Miami to destroy the Pats and improve to 8 - 3.

by Ryan Hanna
Sports Editor

OUA Sports Briefs

Tournament MVP Comes Home a Winner

Mike Potts was named Tournament MVP as the Western Mustangs won the CIAU Men's Soccer title this weekend. Potts scored the first goal in the Mustangs' 2-1 upset of the U of A Golden Bears in the tournament final. The match took place in Montreal on Saturday at McGill.

Potts was named OUA Male Athlete of the Week for his rally in the victory. He is a third year Kinesiology student who hails from Toronto.

Western won the birth in the title match after a 4-2 victory over UPEI on Wednesday, and a 2-1 win over UQAM on Thursday. The two wins sent them to the Gold Medal match of the round robin tournament.

Leader in CIAU Championship Rewarded

The Guelph Gryphons Women's Rugby Team captured the CIAU Championship after a 15-10 victory over McMaster. Maria Gallo scored a tournament leading three tries, and was named OUA Female Athlete of the Week for her offensive numbers. She is a native of Guelph, and is a third year veteran of Women's Rugby.

Guelph advanced to the final against McMaster on Sunday after a 30-10 defeat of Concordia in the semi-final round on Saturday. The Gryphons shutout both UBC and McGill on Friday in the round robin portion of the tournament.

Mustangs Win Yates Cup at Home

The Western Mustangs defeated the Waterloo Warriors in a shootout on Saturday, giving the Mustangs their twenty-sixth Yates Cup. The 47-41 victory occurred at JW Little Stadium in London. Western becomes the first team to win the Cup at home since 1990. In that year, Western also won the title.

The Mustangs overcame a 29-0 deficit to beat the Warriors, and the two teams combined to produce 1,083 yards of net offense. This final had the highest combined score in Cup history, beating the seventy-nine point total score when Western defeated Laurier in the 1980 Cup.

Western now must face the Saskatchewan Huskies in the Churchill Bowl, to be played between the OUA and CWUAA champions. The game will be broadcast on TSN at 1pm on Saturday, November 21st.

Robins Break Streak

Rosie Warden led the Carleton Robins Women's Basketball Team to their first win in forty-five consecutive regular season games. Her twenty-two point effort led the Robins to a 57-46 comeback win over McGill on Saturday. It was their first win since a 67-61 victory over Ottawa in February 1996.

A team that lost forty-four games in a row is pathetic, but he who laughs last laughs best.

Windsor Tops in Cross-Country

The Windsor Lancers won the CIAU Men's Cross-Country title this weekend, defeating Guelph by thirteen points. Mark Kitley was the top finisher from the OUA, capturing a fifth place overall finish, and leading the Lancers in points for the ten kilometre event.

The Women's CIAU Champion was Victoria, defeating the OUA leading Western Mustangs by eleven points. Top finish by an OUA female runner was Natalie Cole of Ottawa, who placed second overall in the five kilometre event. Her finish was not enough to bring the Gee-Gee's into the top five.



Voyageur Athletes of the Week



Former All-Canadian Scores Career High

Ted Donglemans led the Basketball Vees to a home sweep of Laval and Bishop's this weekend. In Saturday's matchup with the Gaiters, Donglemans scored a career high thirty-six points. He totaled fifty-eight points, twenty-five rebounds, eight steals and one block in the two games, making him the new LU Male Athlete of the Week.

Donglemans is a third year Computer Science student, and hails from Orillia. He began playing basketball at Orillia CVI. The 6'10" third year Vee gained notoriety during last season's OUA East playoffs, where he was one of the leaders in the Laurentian victory. He was an All-Canadian last season, winning the EC LeBel Plaque for the most All-Star votes from the East Division.

High Scorer Nets Another Prize

Stephanie Harrison led the Lady Vees Basketball Team in scoring for both of their home victories this weekend. She had twenty-two points in Laurentian's victory over Laval, and twenty-four points in the defeat of Bishop's. She also added thirteen rebounds in the sweep, and was named LU Female Athlete of the Week for her contribution.

Harrison is a fourth year Lady Vee, studying Human Kinetics at Laurentian. She is originally from St. Catharines, where she played volleyball and basketball for Governor Simcoe Secondary School. The 6'3" Centre has been a dominating force for the Vees in the past few seasons.



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